

5 O'Clock Dance

Count: 64

Wall: 4

Level: Intermediate

Choreographer: Debbie Rushton (UK) - May 2022

Music: 5 O'clock Dance - Casey Donovan



Intro: 8 Counts, Start at approx 5 secs

SEC 1: Shuffle, Shuffle, Rock, Coaster Step

- 1&2 Step left forward, step right beside left, step left forward
3&4 Step right forward, step left beside right, step right forward
5-6 Rock left forward, recover weight onto right
7&8 Step left back, step right beside left, step left forward

SEC 2: Step, 1/2 Pivot, Shuffle, Kick & Kick, Scuff Hitch Step,

- 1-2 Step right forward, pivot 1/2 left transferring weight onto left (6:00)
3&4 Step right forward, step left beside right, step right forward
5&6& Kick left forward, step left beside right, kick right forward, step right beside left
7&8 Scuff left forward, hitch left, step left forward

SEC 3: Rock, 1/2 Shuffle, 1/2 Back Shuffle, 1/2 Shuffle

- 1-2 Rock right forward, recover weight onto left
3&4 Turn 1/4 right step right to right, step left beside right, turn 1/4 right step right forward (12:00)
5&6 Turn 1/4 right step left to left, step right beside left, turn 1/4 right step left back (6:00)
7&8 Turn 1/4 right step right to right, step left beside right, turn 1/4 right step right forward (12:00)

SEC 4: 3/4 Jazz Box, Extended Weave

- 1-2 Cross left over right, turn 1/4 left step right back (9:00)
3-4 Turn 1/4 left step left forward, turn 1/4 left step right to right (3:00)
5&6& Step left behind right, step right to right, cross left over right, step right to right
7&8 Step left behind right, step right to right, cross left over right

SEC 5: 1/4 Shuffle, 1/2 Back Shuffle, 1/4 Side Rock, 1/4 Weave

- 1&2 Turn 1/4 right step right forward, step left beside right, step right forward (6:00)
3&4 Turn 1/4 right step left to left, step right beside left, turn 1/4 right step left back (12:00)
5-6 Turn 1/4 right rock right to right, recover weight onto left (3:00)
7&8 Step right behind left, turn 1/4 left step left forward, step right forward (12:00)

SEC 6: Shuffle, Shuffle, Heel Switches, Hook, Step

- 1&2 Step left forward, step right beside left, step left forward
3&4 Step right forward, step left beside right, step right forward
5&6& Touch left heel forward, step left beside right, touch right heel forward, step right beside left
7&8 Touch left heel forward, hook left over right, step left forward

SEC 7: Step, ½ Pivot, ½ Shuffle, Back, Touch, Sit, Recover

- 1-2 Step right forward, pivot ½ left transferring weight onto left (6:00)
3&4 Turn ¼ left step right to right, step left beside right, turn ¼ left step right back (12:00)
5-6 Step left back, touch right forward
7-8 Sit into left hip, recover to standing keeping weight on left

Note In the chorus on count 7, Take a Selfie

SEC 8: Jazz Box, Cross, Side, Slide, Cross, ¾ Unwind

- 1-2 Cross right over left, step left back
3-4 Step right to right, cross left over right
5-6 Step right to right, drag left towards right
7-8 Cross left over right, unwind ¾ turn right transferring weight onto right (9:00)

Tag: At the end of Wall 2

Side Rock, Weave, Side Rock, Weave

- 1-2 Rock left to left, recover weight onto right
3&4 Step left behind right, step right to right, cross left over right
5-6 Rock right to right, recover weight onto left
7&8 Step right behind left, step left to left, cross right over left