

# Ballymore Boys

## 32 count, 4 wall, Intermediate

Choreographer Dynamite Dot (UK)

Choreographed To  
The Boys From Ballymore by Shamrock  
Beats per Minute 132

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### Section 1 Reverse 1/2 Turn Right, Step 1/2 Pivot, Knee Bends, Front Ball Side.

- 1 - 2 Touch Right Toe Back. Pivot 1/2 Turn Right Taking Weight Onto Right.
- 3 - 4 Step Forward Left. Pivot 1/2 Turn Right (weight Ends Back On Left)
- 5 - 6 With Right Toe Slightly Forward, Bend Knees, Down Then Up (hands On Thighs)
- 7 & 8 Touch Right Toe Forward. Step Right Beside Left. Touch Left Toe To Left Side.

### Section 2 Left Sailor, Right Sailor, Left Sailor With 1/4 Turn, Shuffle Forward.

- 9 & 10 Cross Left Behind Right. Step Right To Right Side. Step Left To Place.
- 11 & 12 Cross Right Behind Left. Step Left To Left Side. Step Right To Place.
- 13 & Cross Left Behind Right. Step Right To Right Making 1/4 Turn Left.
- 14 Step Forward Left.
- 15 & 16 Step Forward Right. Close Left Beside Right. Step Forward Right.

### Section 3 Full Turn, Hip Bumps, Shuffle Back, 1/2 Turn Left Shuffle Forward.

- 17 On Ball Of Right Make 1/2 Turn Right, Stepping Back Left.
- 18 On Ball Of Left Make 1/2 Turn Right, Stepping Forward Right.
- 19 & 20 Step Forward Left, Bumping Hips - Left, Right, Left.
- 21 & 22 Step Back Right. Close Left Beside Right. Step Back Right.
- & On Ball Of Right Make 1/2 Turn Left.
- 23 & 24 Step Forward Left. Close Right Beside Left. Step Forward Left.

### Section 4 Step 1/2 Pivot Left, Side Touches, Heel Switches, Clap Twice.

- 25-26 Step Forward Right. Pivot 1/2 Turn Left.
- 27 & 28 Touch Right To Right Side. Step Right Beside Left. Touch Left To Left Side.
- & 29 Step Left Beside Right. Touch Right Heel Forward.
- & 30 Step Right Beside Left. Touch Left Heel Forward.
- & 31 Step Left Beside Right. Touch Right Heel Forward.
- & 32 Clap Hands Twice.

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