



Coastin'
40 count, 4 wall, Improver
Choreographer Ray & Tina Yeoman
Choreographed To
 Lord Of The Dance by Ronan Hardiman

1 - 8	Stroll Forward, Kick, Step Back, Coaster & Kick Ball Change.	
1 2	Step Forward Right. Step Forward Left.	1200
3 4	Kick Forward Right. Step Back Right.	1200
5 & 6	Step Back Left. Step Right Beside Left. Step Forward Left.	1200
7 & 8	Kick Forward Right. Step Right Beside Left. Step Left In Place.	1200
9 - 16	Stroll Forward, Kick, Step Back, Coaster & Kick Ball Change.	
1 2	Step Forward Right. Step Forward Left.	1200
3 4	Kick Forward Right. Step Back Right.	1200
5 & 6	Step Back Left. Step Right Beside Left. Step Forward Left.	1200
7 & 8	Kick Forward Right. Step Right Beside Left. Step Left In Place.	1200
17 - 24	Heel, Step, Touch X 4 (with Hands On Hips).	
1 & 2	Touch Right Heel Forward. Step Right Beside Left. Touch Left Toe In Place.	1200
3 & 4	Touch Left Heel Forward. Step Left Beside Right. Touch Right Toe In Place.	1200
5 - 8	Repeat Steps 17 - 20.	1200
25 - 32	Heel Forward & Side, Triple Step X 2.	
1 2	Touch Right Heel Forward. Touch Right Heel To Right Side.	1200
3 & 4	Triple Step In Place - Right, Left, Right.	1200
5 6	Touch Left Heel Forward. Touch Left Heel To Left Side.	1200
7 & 8	Triple Step In Place - Left, Right, Left.	1200
33 - 40	Side, Slide, Shuffle 1/4 Turn, Step 1/2 Pivot, Left Shuffle.	
1 2	Step Right To Right Side. Slide Left Beside Right And Clap Hands.	1200
3 & 4	Step Right 1/4 Turn Right. Step Left Beside Right. Step Forward Right.	0300
5 6	Step Forward Left. Pivot 1/2 Turn Right.	0900
7 8	Step Forward Left. Close Right Beside Left. Step Forward Left.	0900