Dooset Daram

Count: 96 **Wall:** 1 **Level:** Advanced

Choreographer: Gary O'Reilly (IRE), Maggie Gallagher (UK), Shane McKeever (IRE) & Fred Whitehouse (IRE) - April 2026

Music: Dooset Daram - Meira Omar : (iTunes, Amazon & Spotify)

16 count intro

Section 1: STOMP, BOUNCE, BOUNCE, BOUNCE, & STOMP, BOUNCE, BOUNCE, BOUNCE

1 Stomp R forward on slight R diagonal (opening body to L diagonal) (1) (10:30) (keeping weight on left)

Arms/hands: Both hands down and out on each side with palms facing forward (1)

&2&3 Raise R heel up (&), drop R heel (2), raise R heel up (&), drop R heel (3)

& 4 Raise R heel up (&), drop R heel (4)

Arms/hands: Raise both arms/hands up and around to over head (&2,&3,&4)

& 5 Step R next to L straightening to (12:00) (&), stomp L fwd on slight L diagonal (opening body to R diagonal) (5) (1:30)

(keeping weight on right)

Arms/hands: Turn palm of both hands out to side with back of both hands now touching (&)

Arms/hands: Turn palm of both hands back in to face each other (5)

&6&7 Raise L heel up (&), drop L heel (6), raise L heel up (&), drop L heel (7)

& 8 Raise L heel up (&), drop L heel (8)

Arms/hands: Lower both arms/hands down to side with palms facing up (&6,&7,&8)

Section 2: & FWD ROCK, RECOVER, BACK TOUCH, BACK TOUCH, POINT, 1/2, SIDE ROCK, CROSS TAP

& 1 2 Step L next to R straightening up to (12:00) (&), rock forward on R (1), recover on L (2) (12:00)

&3&4 Step R back on slight R diagonal (&), touch L next to R (3), step L back on slight L diagonal (&), touch R next to L (4)

5 6 Point R to R side (5), Turn ½ R on ball of L stepping R next to L (6) (6:00)

7&8& Rock L to L side (7), recover on R (&), cross L over R (8), tap R next to L (&)

Section 3: STOMP, BOUNCE, BOUNCE, BOUNCE, & STOMP, BOUNCE, BOUNCE, BOUNCE

1 Stomp R forward on slight R diagonal (opening body to L diagonal) (1) (4:30) (keeping weight on left)

Arms/hands: Both hands down and out on each side with palms facing forward (1)

&2&3 Raise R heel up (&), drop R heel (2), raise R heel up (&), drop R heel (3)

& 4 Raise R heel up (&), drop R heel (4)

Arms/hands: Raise both arms/hands up and around to over head (&2,&3,&4)

& 5 Step R next to L straightening to (6:00) (&), stomp L fwd on slight L diagonal (opening body to R diagonal) (5) (7:30)

(keeping weight on right)

Arms/hands: Turn palm of both hands out to side with back of both hands now touching (&)

Arms/hands: Turn palm of both hands back in to face each other (5)

&6&7 Raise L heel up (&), drop L heel (6), raise L heel up (&), drop L heel (7)

& 8 Raise L heel up (&), drop L heel (8)

Arms/hands: Lower both arms/hands down to side with palms facing up (&6,&7,&8)

Section 4: & ROCK, RECOVER, 1/2, TOUCH, FWD, TOUCH, STOMP RECOVER SIDE, STOMP RECOVER SIDE, STOMP, 1/4 HITCH

& 1 2 Step L next to R straightening up to (6:00) (&), rock forward on R (1), recover on L (2) (6:00)
&3&4 ½ R stepping forward on R on slight R diagonal (&), touch L next to R (3), step L forward on slight L diagonal (&), touch R next to L (4) (12:00)
5 a & Stomp/rock R over L (5), recover on L (a), step R next to L (&)
a 6 & Stomp/rock L over R (a), recover on R (6), step L next to R (&)
7 8 Stomp R next to L (weight still on left) (7), Turn ¼ R on ball of L hitching R knee up (8) (3:00)

Section 5: LUNGE, HITCH, CROSS SIDE BEHIND SIDE, CROSS/DIP, HITCH, CROSS, SIDE, BEHIND, 1/4

1 2 Lunge/press R to R side (1), recover on L hitching R knee up (2)
3&4& Cross R over L (3), step L to L side (&), cross R behind L (4), step L to L side (&)
5 6 Cross R over L dipping slightly into knees (5) ronde hitch L knee up from back to front (6)
7&8& Cross L over R (7), step R to R side (&), cross L behind R (8), ¼ R stepping forward on R (&) (6:00)

Section 6: STEP, 1/2 SWIVEL, SWIVEL, SWIVEL, HITCH, BACK, SWIVEL, SWIVEL, 1/8 HITCH, COASTER STEP

1 2 Step forward on L (1), swivel ½ R on balls of both feet (2) (12:00)
3 & 4 Swivel both heels R (3), swivel both heels back to centre (weight end back on L) (&), hitch R knee up (4)
5&6& Step back on R (5), swivel both heels L (&), swivel both heels back to centre (weight ends back on R) (6), ⅛ L hitching L knee up (&) (10:30)
7 & 8 Step back on L (7), step R next to L (&), step forward on L (8) (10:30)

Section 7: OUT, OUT, WALK BACK, L COASTER STEP, FWD ROCK, 1/8 RECOVER, 1/4, TOGETHER, 1/4 SWEEP

& 1 2 Jump forward and out on R to R side (&), step L out to L side (1), walk back on R (2)
3 & 4 Step back on L (3), step R next to L (&), step forward on L (4)
5 6 Rock forward on R (5), ⅛ R recovering on L (6) (12:00)
7 & 8 ¼ R stepping forward on R (3:00) (7), step L next to R (&), ¼ R stepping forward on R and sweeping L from back to front (8) (6:00)

Section 8: CROSS, SIDE, BEHIND, SWEEP, BALL ROCK, 1/8 PADDLE, 1/8 PADDLE, 1/4 PADDLE

1 2 Cross L over R (1), step R to R side (2)
3 4 Cross L behind R (3), sweep R around from front to back (4)
& 5 Rock back on R (&), recover on L (5)
&6&7 ⅛ L hitching R knee slightly (&), point R to R side (6), ⅛ L hitching R knee slightly (&), point R to R side (7) (3:00)
&8 ¼ L hitching R knee slightly (&), point R to R side (8) (12:00)

****Restart during Wall 3**

Section 9: CROSS, SIDE, SAILOR STEP, CROSS, SIDE, BEHIND & CROSS

1 2 Cross R over L (1), step L to L side (2)
3 & 4 Cross R behind L (3), step L to L side (&), step R to R side (4)
5 6 Cross L over R (5), step R to R side (6)
7 & 8 Cross L behind R (7), step R to R side (&), cross L over R (8)

Section 10: & TOGETHER, CROSS, 1/4 BACK LOCK STEP, ROCK BACK, RECOVER, STEP, 1/2 PIVOT

& 1 2 Step R to R side on slight L diagonal (10:30) (&), step L next to R (1), cross R over L straightening up to (12:00) (2)
3 & 4 ¼ R stepping back on L (3), lock R over L (&), step back on L (4) (3:00)
5 6 Rock back on R (5), recover on L (6)
7 8 Step forward on R (7), pivot ½ L (8) (9:00)

Section 11: SIDE, DRAG, BACK, CROSS, 1/4, 1/2, 1/4 SIDE, DRAG

1 2 Long step R to R side dragging L to meet R (1), continuing to drag L (2)
3 4 Step back on L behind R (3), cross R over L (4)
5 6 ¼ R stepping back on L (12:00) (5), ½ R stepping forward on R (6) (6:00)
7 8 ¼ R stepping long step L to L side dragging R to meet L (9:00) (7), continuing to drag R (8) (9:00)

Section 12: & CROSS, 1/4, 1/2, PRESS, BACK, BACK, L COASTER STEP, TOUCH

& 1 Step on ball of R next to L (&), cross L over R (1)
2 3 4 ¼ L stepping back on R (6:00) (2), ½ L stepping forward on L (12:00) (3), press forward on R (4) (12:00)
5 6 Walk back on L (5), walk back on R (6) *shimmy shoulders through counts (5,6)
7&8& Step back on L (7), step R next to L (&), step forward on L (8), touch R next to L (&) (12:00)

***TAG: At the end of Wall 2, add the following 4 count Tag facing (12:00):**
OUT, OUT, HUSH, HUSH

1 2 Stomp R out to R side (1), stomp L out to L side (2)
3 4 HOLD/"HUSH" while looking over L shoulder (3), HOLD/"HUSH" while looking over R shoulder (4)

Arms/Hands: Both hands pass each other in front of mouth with open hands/fingers (3)
Both hands pass back to the sides with middle finger & thumbs touching (4)
Then start the dance again facing (12:00)

****RESTART: During Wall 3, dance to the end of Section 8 then restart the dance facing (12:00)**

ENDING: Dance up to count 7 of section 4 & add the following:
OUT, OUT, IN/HUSH, IN/HUSH

& 8 Step R out to R side (&), step L out to L side (8)
& 1 Step R in to centre/"HUSH"(&), step L in next to R/"HUSH" (1)

Arms/Hands: Both hands pass each other in front of mouth with open hands/fingers (&)
Both hands pass back to the sides with middle finger & thumbs touching (1)