Electro Shake!

Count: 32 **Wall:** 4 **Level:** Improver

Choreographer: Jamie Barnfield (UK) - March 2026

Music: Shake Your Ass - ViMusic : (iTunes, Amazon & Spotify)

Intro: 32 counts Extra Bits: 3 Tags!

S1: SIDE, CROSS, SIDE, CROSS, MODIFIED CHARLESTON STEP

1-2 Step Right to Right side, cross Left over Right
3-4 Step Right to Right side, cross Left over Right
(Counts 1-4: Body is angled to the Right diagonal and you travel to the 3:00 wall)
5-6 Swing Right foot forward and touch forward, step back on Right
7-8 Touch Left toe back to Left diagonal, brush Left through with slight hitch of knee and ronde squaring to to 12:00

S2: ROLLING GRAPEVINE LEFT, V-SHAPE

1-2 1/4 turn Left stepping forward on Left (9:00), 1/2 turn Left stepping back on Right (3:00)
3-4 1/4 turn Left stepping Left to Left side (12:00), touch Right next to Left
5-6 Step right forward and out to Right diagonal, step left forward and out to left diagonal
7-8 Step Right back in place, Step Left back in place

S3: TWIST, HITCH, 1/2, HITCH, SIDE, CROSS, BACK, SIDE

1-2 Turning 1/8 Right twisting both heels to Left (1:30), hitch Right knee up
3-4 Step Right down to Right side squaring up (12:00), 1/2 Left hitching Left knee (6:00)
5-6 Step Left foot down to Left side, cross Right over Left,
7-8 Step back on Left, turning 1/8 Right stepping Right to Right side (7:30)

S4: STEP, CHARLESTON STEP, HITCH/HIP BUMP X3

1-2 Step forward on Left, touch Right toe forward
3-4 Step back on Right, touch Left to back
5-8 Step forward on Left, hitch Right knee lifting hip 3 times completing 3/8 turn Left (3:00)
(Easier option for counts 6,7,8: 3/8 paddle turn to Left)

TAG(s):
16 count tag to be added at the end of Wall 1 (facing 3:00) and Wall 4 (facing 12:00)
*** 8 count tag to be added at the end of Wall 8 (facing 12:00) only second section.**

T1: STEP RIGHT, DRAG LEFT, STEP LEFT, DRAG RIGHT

1-4 Take a large step to Right on Right, drag left towards over 3 counts (keeping weight on Right)
5-8 Take a large step to Left on Left, drag Right towards over 3 counts (keeping weight on Left

*** T2: SWAY HIPS TO RIGHT, SWAY HIPS TO LEFT, SWAY HIPS RIGHT LEFT RIGHT LEFT**

1-2 Step Right to Right side as sway hips to Right over 2 counts
3-4 Step Left to Left side as you sway hips to Left over 2 counts
5-8 Sway hips to Right, Left, Right, Left (ending with weight on Left)

The ending: During Wall 11 finish the dance with only 2 hitch/hip turning to the front wall and then step down to side on Right pushing hips to Right for your Ta-Dah moment!

Choreographers note: During Wall 6 the music changes and you may feel out of sync, just keep dancing through it, it still works!