

# Everybody Feel Good

Count: 116

Wall: 1

Level: Phrased Intermediate / Advanced

Choreographer: Scott Blevins and Rachael McEnaney-White January 2019

Music: "Feel Good" by Jordan Smith, Album: "Only Love"



Note: 32 Count A - 20 Count B - 32 Count C - 32 Count D - 9ish count Tag occurring once

#8 count intro to start on lyrics

Sequence: A - B - C - A - B - C - D - B - Tag - C - D with ending

## Pattern A: 32 counts

[1-8] BALL, CROSS, FULL UNWIND, SIDE, BEHIND, SIDE BALL, CROSS, ¾ UNWIND, FWD, KICK

&1-2-3 (&) Step ball of R to right side; 1) Cross L over R; 2) Unwind full turn right transferring weight to R; 3) Step L to left [12:00]  
4&5-6 4) Cross R behind L; &) Step ball of L to left; 5) Cross R over L; 6) Unwind ¾ turn left transferring weight to L [3:00]  
7-8 7) Step R forward; 8) Kick L forward [3:00]

[9-16] ¼ STEP, SWITCH 2X, CROSS, BALL ROCK, RECOVER, FWD ROCK, RECOVER, 1½ TRIPLE TURN

&1&2 (&) Turn ¼ left stepping L in place; 1) Point R to right; &) Step R next to L; 2) Point L to left [12:00]  
3&4 3) Cross L over R; &) Turn 1/8 left rocking R ball to right; 4) Recover weight to L [10:30]  
5-6 5) Rock R forward; 6) Recover weight to L squaring up to 12 o'clock  
7&8 7) Turn ½ right stepping R forward; &) Turn ½ right stepping L back; 8) Turn ½ right stepping R forward [6:00]

[17-24] FWD ROCK (w/body roll), RECOVER, BACK, SIDE, CROSS, SIDE ROCK, ¼ RECOVER, ½ BACK, LOCK, BACK

1-2-3&4 1) Rock L forward (style with fwd body roll); 2) Recover to R; 3) Step L back; &) Step R to right; 4) Cross L over R [6:00]  
5-6 5) Rock R to right (style by looking right); 6) Turn ¼ left as you recover to L [3:00]  
&7-8 (&) Turn ½ left stepping ball of R back; 7) Lock L over R; 8) Step R back [9:00]

[25-32] SIDE, CROSS, SIDE, ½ SAILOR, 5/8 FWD, ½ BACK, BACK, CLOSE, 1/8 CROSS

&1-2 (&) Step L to left; 1) Cross R over L; 2) Step L to left [9:00]  
3&4 3) Cross R behind L; &) Turn ¼ right stepping L next to R; 4) Turn ¼ right stepping R slightly across L (prep right) [3:00]  
5-6 5) Turn 5/8 left stepping L forward; 6) Turn ½ left stepping R back [1:30]  
&7-8 (&) Step L back; 7) Step R next to L pushing hips back; 8) Turn 1/8 left crossing L over R [12:00]

## Pattern B: 20 counts

[1-8] SLOW NIGHTCLUB BASIC, ¼ FWD w/SWEEP, CROSS, ¼ BACK

1-2-3-4 1) Step R a big step to right side; 2) Hold; 3) Step L back slightly behind R; 4) Step R across L [12:00]  
5-6 5) Turn ¼ left stepping L forward as you begin sweeping R forward; 6) Hold continuing R sweep forward [9:00]  
7-8 7) Cross R over L; 8) Turn ¼ right stepping L back [12:00]

[9-20] DIAGONAL BACK, TOUCH, CHASSE, ¼ SIDE w/TOUCH 3X, ¼ SIDE, SYNCOPATED LOCKS FWD, STEP

1-2 1) Step R a big step back diagonally toward 4:30; 2) Touch L next to R snapping fingers [12:00]  
3&4 3) Step L to left; &) Step R next to L; 4) Step L to left [12:00]  
5&6& 5) Turn ¼ left stepping R to right; &) Touch L next to R; 6) Turn ¼ left stepping L to left; &) Touch R next to L [6:00]  
7&8 7) Turn ¼ left stepping R to right; &) Touch L next to R; 8) Turn ¼ left stepping L to left [12:00]  
1&2&3&4 1) Step R fwd toward right diagonal; &) Lock L behind R; 2) Step R fwd toward right diagonal; &) Step L fwd toward left diagonal; 3) Lock R behind L; &) Step L fwd toward left diagonal; 4) Step R forward toward 12 o'clock

## Pattern C: 32 counts

[1-9] FWD, KICK, STEP, ROCK, RCVR, KICK, STEP, ROCK, RCVR, KICK, STEP, POINT, ROCK, RCVR, ¼ FWD

1-2&3& 1) Step L forward; 2) Kick R forward; &) Step R forward; 3) Rock ball of L to left side (slightly back); &) Recover weight to R [12:00]  
4&5& 4) Kick L forward; &) Step L forward L; 5) Rock ball of R to right side (slightly back); &) Recover weight to L [12:00]  
6&7 6) Kick R forward; &) Step R forward; 7) Point L to left side [12:00]  
8&1 8) Cross rock L over R; &) Recover weight to R; 1) Turn ¼ left stepping L forward [9:00]

[10-17] KICK, STEP, ROCK, RCVR, KICK, STEP, ROCK, RCVR, KICK, STEP, POINT, ROCK, RCVR, ¼ FWD

2-9 Repeat counts 2-9 above [6:00]

[18-25] KICK, STEP, ROCK, RCVR, KICK, STEP, ROCK, RCVR, KICK, STEP, POINT, ROCK, RCVR, ¼ FWD

2-9 Repeat counts 2-9 above [3:00]

**[26-32] FWD, FWD, PIVOT  $\frac{3}{4}$ , SIDE ROCK, RECOVER, CROSS ROCK, RECOVER, BIG STEP, DRAG**

- 2-3-4 2) Step R forward; 3) Step L forward; 4) Turn  $\frac{3}{4}$  right taking weight on R [12:00]  
 5&6& 5) Rock L to left; &) Recover weight to R; 6) Cross rock L over R; &) Recover weight to R [12:00]  
 7-8 7) Big step L to left; 8) Drag R toward L keeping weight on L [12:00]

**Pattern D: 32 counts****[1-8] DIAGONAL CAMEL WALK R-L, SHUFFLE, FWD LUNGE, PIVOT  $\frac{1}{2}$ ,  $\frac{1}{2}$  BACK,  $\frac{1}{2}$  FWD**

- 1-2 1) Turn  $\frac{1}{8}$  left stepping R forward as you pop L knee forward; 2) Step L forward as you pop R knee forward [10:30]  
 3&4 3) Step R forward; &) Step L next to R; 4) Step R forward [10:30]  
 5-6 5) Step/lunge L forward throwing arms up "hallelujah"; 6) Turn  $\frac{1}{2}$  right taking weight on R [4:30]  
 7-8 7) Turn  $\frac{1}{2}$  right stepping L back; 8) Turn  $\frac{1}{2}$  right stepping R forward [4:30]

**[9-16] DIAGONAL CAMEL WALK L-R, SHUFFLE, FWD LUNGE, PIVOT  $\frac{1}{2}$ ,  $\frac{1}{2}$  BACK,  $\frac{1}{4}$  FWD**

- 1-2 1) Step L forward as you pop R knee forward; 2) Step R forward as you pop L knee forward [4:30]  
 3&4 3) Step L forward; &) Step R next to L; 4) Step L forward [4:30]  
 5-6 5) Step/lunge R forward throwing arms up "hallelujah"; 6) Turn  $\frac{1}{2}$  left taking weight on L [10:30]  
 7-8 7) Turn  $\frac{1}{2}$  left stepping R back; 8) Turn  $\frac{1}{4}$  left stepping L forward [1:30]

**[17-24] DIAGONAL CAMEL WALK R-L, SHUFFLE, FWD LUNGE, PIVOT  $\frac{1}{2}$ ,  $\frac{1}{2}$  BACK,  $\frac{1}{2}$  FWD**

- 1-2 1) Step R forward as you pop L knee forward; 2) Step L forward as you pop R knee forward [1:30]  
 3&4 3) Step R forward; &) Step L next to R; 4) Step R forward [1:30]  
 5-6 5) Step/lunge L forward throwing arms up "hallelujah"; 6) Turn  $\frac{1}{2}$  right taking weight on R [7:30]  
 7-8 7) Turn  $\frac{1}{2}$  right stepping L back; 8) Turn  $\frac{1}{2}$  right stepping R forward [7:30]

**[25-32] DIAGONAL CAMEL WALK L-R, SHUFFLE, STEP PIVOT WITH HIP CIRCLE 2X**

- 1-2 1) Step L forward as you pop R knee forward; 2) Step R forward as you pop L knee forward [7:30]  
 3&4 3) Step L forward; &) Step R next to L; 4) Step L forward [7:30]  
 5-6 5) Step R forward starting hip circle counter clockwise; 6) Continue circling hips as you turn  $\frac{1}{4}$  left taking weight on L [4:30]  
 7-8 7) Step R forward starting hip circle counter clockwise; 8) Continue circling hips as you turn  $\frac{3}{8}$  left taking weight on L [12:00]

**Tag: After the 3rd time you do part B do the following tag then begin part C**

**[1-9ish] FWD, LOCK, SLOW UNWIND, STEP WITH HIP CIRCLE, LUNGE w/KNEE OUT-IN-OUT, DRAG**

- &1-2-3 (&) Step L forward; 1) Lock R behind L; 2-3) Slow unwind full turn right on the spot weight ends on R [12:00]  
 4-5-6 4) Step L to left as you begin hip circle counter clockwise; 5-6) Continue hip circle [12:00]  
 7&8-9 7) Lunge left as you pop L knee out; &) Pop L knee in; 8) Pop L knee out; 9ish) Drag L toward R keeping weight on R [12:00]

**Note: There is not a clear beat! So focus on hitting the vocals taking your time going into pattern C stepping L forward as the beat kicks back in.**

**Ending: During the final D pattern, dance the entire pattern as written through count 28. Replace counts 29-31 with the steps below:**

**[29-31] 5&6&) Take 4 small steps forward R-L-R-L arcing  $\frac{1}{2}$  left to face 1:30; 7) Turn  $\frac{1}{8}$  L stepping R to right hitting a pose. [12:00]**

**Sequence: A - B - C - A - B - C - D - B - Tag - C - D with ending**

**Enjoy :-)**

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