

Is this love?

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Type of dance: 80 counts, 1 wall, advanced nightclub
 Music: **Is this love** by Luke Barr (Acoustic). 112 bpm. Track length: 3.08 mins. Buy on iTunes etc
 Intro: Start almost immediately: on YOU in the lyrics 'I wanna love YOU'. Start with weight on R foot and facing 10:30
 Note: NO TAGS – NO RESTARTS! 😊

Counts	Footwork	End facing
1 – 9	Rock fwd L, run back RL, ¼ sway x 3, 5/8 L arabesque, ½ L, fwd L (arms out + hug)	
1 – 2&	Rock L fwd pointing R index finger fwd (1), recover back on R (2), step back on L (&)	10:30
3 – 4&	Turn ¼ R stepping R to R side with a R body sway (3), sway body L (4), sway body R (&)	1:30
5	Turn 5/8 L stepping back on L lifting R leg up with a straight leg (5)	6:00
6&7	Step down on R (6), turn ¼ L stepping L to L side (&), turn ¼ L stepping R fwd (7)	12:00
8&1	Step L fwd placing R hand fwd (8), place L hand fwd (&), hug body dragging R next to L (1)	12:00
10 – 16	Back RL, ¼ R into R side rock, behind ¼ L fwd, ¼ L lunge R, full turn L into L basic NC	
2&3&	Step R back lifting L leg (2), step L back (&), turn ¼ R rocking R to R side (3), recover L (&)	3:00
4&5	Cross R behind L (4), turn ¼ L stepping L fwd (&), turn ¼ L lunging R to R side putting palms together placing hands on R chin (5)	9:00
6&	Turn ¼ L stepping fwd on L (6), turn ½ L stepping back on R (&)	12:00
7 – 8&	Turn ¼ L stepping L a big step to L side (7), step R behind L (8), cross L over R (&)	9:00
17 – 25	¼ L touch, run back RLR sweep, behind side, 1/8 R step turns, run RL, 1/8 L lunge R	
1 – 2&3	Turn ¼ on L touching R next to L and rolling body from head and down (1), step back on R (2), step back on L (&), step back on R sweeping L out to L side (3)	6:00
4&	Cross L behind R (4), step R to R side (&)	6:00
5&6&	Turn 1/8 R stepping L fwd (5), turn ½ R onto R (&), step L fwd (6), turn ½ R onto R (&)	7:30
7	Step L fwd bring both hands in front of your chest touching together and bring them over your head (7)	7:30
8&1	Step R fwd (8), step L fwd (&), turn 1/8 L lunging R to R side (1) ... <i>Styling: raise your arms over your head opening arms out to the side</i>	6:00
26 – 33	L rolling vine, R cross rock, R basic, side L ½ spiral R, run around ¼ R w kick	
2&3	Turn ¼ L stepping L fwd (2), turn ½ L stepping back on R (&), turn ¼ L stepping L to L side (3)	6:00
4&	Cross rock R over L (4), recover back on L (&)	6:00
5 – 6&	Step R a big step to R side (5), close L behind R (6), cross R over L (&)	6:00
7	Step L to L side spiralling ½ R on L ending with R hooked in front of L (7)	12:00
8&1	Turn ¼ R stepping R fwd (8), turn ¼ R stepping L fwd (&), turn ¼ R stepping R fwd lifting your L from back to front (1)	9:00
34 – 40	Unwind full turn, behind side cross rock, 1/8 R side rock, behind sweep, behind side	
2 – 3	Turn 1/8 R crossing L over R (2), unwind full turn R on L sweeping R out to R side (3)	10:30
4&5&	Cross R behind L (4), step L to L side (&), cross rock R over L (5), recover on L (&)	10:30
6&7	Turn 1/8 R rocking R to R side (6), recover L (&), cross R behind L sweeping L to L side (7)	12:00
8&	Cross L behind R (8), step R to R side (&)	12:00
41 – 48	L&R cross rock side, walk LR, out LR, drag together, ½ R sweep L, run LR	
1&a	Cross rock L over R (1), recover on R (&), step L to L side (a) ... <i>Styling: place both hands on your heart</i>	12:00
2&a	Cross rock R over L (2), recover on L (&), step R to R side (a) ... <i>Styling: place both hands on your heart</i>	12:00
3 – 4	Drop hands walking L fwd (3), walk R fwd (4)	12:00
&5 – 6	Step L out to L side (&), step R out to R side (5), recover on L dragging R next to L (6) ... <i>Styling: push L hand out to L side (&), push R hand out to R side (5), hug body with arms (6)</i>	12:00
7 – 8&	Turn ¼ R stepping R fwd continuing to sweep L another ¼ R (7), step L fwd (8), step R fwd (&)	6:00

49 – 56	L&R cross rock side, walk LR, out LR, drag together, ½ R sweep L, run LR	
1&a	Cross rock L over R (1), recover on R (&), step L to L side (a) ... <i>Styling: place both hands on your heart</i>	6:00
2&a	Cross rock R over L (2), recover on L (&), step R to R side (a) ... <i>Styling: place both hands on your heart</i>	6:00
3 – 4	Drop hands walking L fwd (3), walk R fwd (4)	6:00
85 – 6	Step L out to L side (&), step R out to R side (5), recover on L dragging R next to L (6) ... <i>Styling: push L hand out to L side (&), push R hand out to R side (5), hug body with arms (6)</i>	6:00
7 – 8&	Turn ¼ R stepping R fwd continuing to sweep L another ¼ R (7), step L fwd (8), step R fwd (&)	12:00
57 – 64	L lunge, ¼ R pose, ½ R back, ½ R fwd pose, full turn R, press L, back R, L side rock, behind, R side rock, behind side	
1 – 2&3	Lunge L to L side (1), turn ¼ R stepping R fwd hitching L knee (2), turn ½ R stepping back on L (&), turn ½ R stepping R fwd hitching L knee (3)	3:00
4&	Turn ½ R stepping back on L (&), turn ½ R stepping fwd on R (4), rock L fwd raising R leg back in an arabesque (&) ... <i>Styling: raise L arm up</i>	3:00
5&6&	Recover back on R (5), rock L to L side (&), recover on R (6), cross L behind R (&)	3:00
7&8&	Rock R to R side (7), recover on L (&), cross R behind L (8), step L to L side dragging R towards L (&) ... <i>Note: from counts 5 to 8& you travel slightly backwards</i>	3:00
65 – 72	Run around ¾ R & sweep, cross side, L back rock, ¼ R X 2 sweep, cross side	
1&2&3	Run RLRLR fwd in a ¾ circle around ending with a L sweep fwd (1&2&3)	12:00
4&	Cross L over R (4), step R to R side (&)	12:00
5 – 6	Rock back on L opening body up to L diagonal (5), recover on R (6)	12:00
87	Turn ¼ R stepping back on L (&), turn ¼ R stepping R to R side sweeping L fwd (7)	6:00
8&	Cross L over R (8), step R to R side (&)	6:00
73 – 80	L back rock, ¼ R back, ¼ R side, RL hands on table, throw arms up, lunge R, rolling L	
1 – 2	Rock back on L opening body up to L diagonal (1), recover on R (2) ... <i>Styling for count 1: Look over L shoulder towards 12:00 pointing with L index finger to your L eye as he sings 'I'</i>	6:00
83	Turn ¼ R stepping back on L (&), turn ¼ R stepping R to R side (3)	12:00
4&5&	Place R hand fwd with palm down (4), place L hand fwd with palm down (&), cross hands over each other (5), return hands back to sides (&)	12:00
6 – 7	Throw arms up above head with palms up (6), throw arms down to R side lunging R to R side (7)	12:00
8& (1)	Turn ¼ L stepping L fwd (8), turn ½ L stepping back on R (&) ... <i>Note: to start the dance again facing 10:30 you turn 3/8 L on R rocking L fwd (1)</i>	10:30
	Start again!	