

Mr Put It Down

64 Count, 2 Wall, Intermediate/Advanced

Choreographer: Rachael McEnaney-White (UK/USA) and
Trevor Thornton (USA) June 2015

Choreographed to: Mr Put It Down by Ricky Martin feat. Pitbull
(single - iTunes etc, approx 3.16mins – 128 bpm)

Count In: 18 counts from start of track (hard to count).

Begin on the word “ALL” (“Now first of ALL”) (count 5,6,7,8 as he does the “wooooo”)

1 – 8 Walk L-R, L shuffle, ½ turn L stepping back R sweeping L, L behind, R side, L slide

- 1 2 3&4 Step forward L (1), step forward R (2), step forward L (3), step R next to L (&), step forward L (4) 12.00
5 6 Make ½ turn left stepping back on R as you sweep L backwards (5), cross L behind R (6) 6.00
7 8 Take big step to right on R (7), slide L towards R (weight on R) (8) 6.00

9 – 16 L ball, walk R-L, R side ball rock, R cross, ¾ turn R, ¼ turn R with L side-rock cross

- & 1 2 Step ball of L next to R (&), step forward R (1), step forward L (2),
&3 Rock ball of R to right side (&), recover weight to L (3) 6.00
4 5 6 Cross R over L (4), make ¼ turn right stepping back L (5), make ½ turn right stepping forward R (6) 3.0
7 & 8 Make ¼ turn right as you rock L to left side (7), recover weight R (&), cross L over R (8)

Arms option: Punch R arm out to right side (7), punch L arm out to left side (&), bring both arms in bending at elbows chest height (8) 6.00

17 – 24 R side, L side, ¼ turn R fwd R, ¼ turn R stepping side L, R sailor step, L behind-side-cross

- 1 2 Step R to right side (1), step L to left side (2),
3 4 Make ¼ turn right stepping forward R (3), make ¼ turn R stepping L to left side (4) 12.00
5&6 Cross R behind L (5), step L next to R (&), step R to right side (6),
7&8 Cross L behind R (7), step R to right side (&), cross L over R (8) 12.00

**25 – 32 R side, L touch, ¼ turn side L, touch R, R heel fwd, L heel fwd, back R-L,
Body roll back in place, L hitch**

- 1 2 3 4 Take big step R (1), touch L next to R (2), make ¼ turn left stepping L to left side (3),
touch R next to L (4) 9.00
5&6& Step forward onto R heel on right diagonal (5), step forward onto L heel on left diagonal (&),
step back R (6), step L next to R (&) 9.00
7 8 Body roll backwards (from head) in place (7), hitch L knee (8) 9.00

**33 – 40 Close L, side switch point R&L, L ball, R cross, unwind ½ turn L,
R jazz box with ¼ R into R chasse**

- & 1 & 2 Step L next to R (&), point R to right side (1), step R next to L (&), point L to left side (2), 9.00
& 3 4 Step in place on ball of L (&), cross R over L (3), unwind ½ turn left (weight ends L) (4) 3.00
5 6 Cross R over L (5), make ¼ turn R stepping back L (6),
7&8 Step R to right side (7), step L next to R (&), step R to right side (8) 6.00

**41 – 48 Diagonal rocks x 3, big step back R, L back, hold or bodyroll, R close, L back,
look back ½ turn L (prep)**

- 1 2 Rock L forward on diagonal (7.30) (1), rock weight back to R (2),
3 4 Rock L forward (3), push off L and take big step back R (4) 7.30
5 6 Step back L (still facing diagonal) as you begin optional body roll (5), hold (or continue body roll) (6) 7.30
& 7 8 Step R next to L (&), step back L (7), weight remains L as upper body makes ½ turn L
(option: snap fingers) (8) body prepped for turn 1.30

49 – 56 ½ R (to return to 7.30), ¼ R, R sailor making 1/8 turn R, heel switch L-R, R ball, L fwd, ½ pivot R

- 1 2 Make ½ turn right returning weight to R (1), make ¼ turn right stepping L to left side (2), 10.30
3 & 4 Cross R behind L (3), step L next to R as you make 1/8 turn right (&), step forward R (4) 12.00
5&6& Touch L heel forward (5), step L next to R (&), touch R heel forward (6), step R next to L (&),
7 8 Step forward L (7), pivot ½ turn right (8) 6.00

57 – 64 ¼ R with L touch & hip, ¼ R, ¼ R with R touch & hip, ¼ R, L mambo, R coaster step.

- 1 2 Make ¼ turn right touching L toe to left side as you bump hip left (1),
make ¼ turn right stepping slightly back L (2) 12.00
3 4 Make ¼ turn right touching R toe to right side as you bump hip right (3),
make ¼ turn right stepping slightly forward R (4) 6.00
5&6 Rock forward L (5), recover weight R (&), step slightly back L (6),
7&8 Step back R (7), step L next to R (&), step forward R (8) 6.00
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