



# No Need To Rush

64 count, 2 wall, Intermediate

Choreographer Neville Fitzgerald & Julie Harris (UK) Nov 08

Choreographed To: One Step At a Time by Jordin Sparks

Intro: Start on Vocals (16 counts)

<b>1 - 9</b>	<b>SIDE, BEHIND &amp; STEP, MAMBO STEP, 1/2, 1/2, 1/4 CHASSE</b>	
1 2 & 3	Step L to L side, cross step R behind L, step L to L side, step forward on R.	1200
4 & 5	Rock forward on L, recover on R, step back on L.	1200
6 - 7	Make 1/2 turn to R stepping forward on R, 1/2 turn to R stepping back on L.	1200
8 & 1	Make 1/4 turn to R stepping R to R side, step L next to R, step R to R side.	0300
<b>9 - 16</b>	<b>ROCK &amp; SIDE, CROSS, SIDE, SAILOR 1/4, STEP</b>	
2 & 3	Cross rock L over R, recover on R, step L to L side.	0300
4 - 5	Cross step R over L, step L to L side.	0300
6 & 7*	Cross step R behind L, make 1/4 turn to R stepping L next to R, step forward on R.	0600
	RESTART here on wall 5	
8	Step forward on L.	0600
<b>17 - 25</b>	<b>1/2 TURN, LEFT LOCK STEP, KICK CROSS BACK, SIDE, CROSS, 1/4 LOCK STEP BACK.</b>	
1 2 & 3	Turn 1/2 to R. Step forward on L, lock R behind L, step forward on L.	1200
4 & 5	Kick R forward Diagonal R, cross step R over L, step back on L.	1200
6 - 7	Step to R side on R, cross step L over R.	1200
8 & 1	Make 1/4 turn to L stepping back on R, lock L over R, step back on R.	0900
<b>25 - 33</b>	<b>1/2, POINT, ROCK &amp; 1/2, COASTER STEP, 1/4 BEHIND &amp; CROSS</b>	
2 - 3	Make 1/2 turn to L stepping forward on L, point R toe forward.	0300
4 & 5	Rock back on R, recover on L, make 1/2 turn to L stepping back on R.	0900
6 & 7	Step back on L, step R next to L, step forward on L.	0900
8 & 1	Make 1/4 turn to R on ball of L as you cross s R behind L, step L to L side, cross step R over L	1200
<b>34 - 41</b>	<b>&amp; CROSS &amp; CROSS, ROCK &amp; CROSS, 1/4 , 1/4 , ROCK &amp; SIDE.</b>	
& 2 & 3	Step L to L side, cross step R over L, step L to L side, cross step R over L.	1200
4 & 5	Rock to L side on L, recover on R, cross step over R.	1200
6 - 7	Make 1/4 turn R stepping forward on R, 1/4 turn to R stepping L to L side.	0600
8 & 1	Cross rock R behind L, recover on L, step R to R side.	0600
<b>42 - 48</b>	<b>ROCK &amp; SIDE, ROCK &amp; 1/4 , STEP, 1/2 TURN, 1/4 SWEEP</b>	
2 & 3	Cross rock L behind R, recover on R, step L to L side.	0600
4 & 5	Cross rock R behind L, recover on L, make 1/4 turn to R stepping forward on R.	0900
6 - 7	Step forward on L, pivot 1/2 turn to R.	0300
8*	1/4 turn to R sweeping L to touch next to R.	0600
	*RESTART here on wall 2	
<b>49 - 57</b>	<b>CHASSE LEFT, BACK ROCK, STEP, LOCK &amp; STEP, SAILOR 1/2 TURN.</b>	
1 & 2	Step L to L side, step R next to L, step L to L side.	0600
3 - 4	Rock back on R, recover on L.	0600
5 - 6	Step R forward diagonal R, lock L behind R.	0600
& 7	Step R forward diagonal R, step L forward diagonal Left.	0600
8 & 1	Cross step R behind L making 1/4 turn to R, 1/4 turn to R stepping L next to R, step forward on R.	1200
<b>58 - 64</b>	<b>WALK, WALK, STEP, 1/2 TURN, LEFT SHUFFLE, STEP</b>	
2 - 3	Walk forward L-R.	1200
4 - 5	Step forward on L, step 1/2 turn to R.	0600
6 & 7	Step forward on L, step R next to L, step forward on L.	0600
8	Step forward on R.	0600
<b>RESTART1</b>	Wall 2. Dance up to & including Count 8, Section 6 (48). Then Restart from beginning.	
<b>RESTART2</b>	Wall 5. Dance up to & including Count 7, Section 2 (15). Then make a quick 1/2 turn to Right sweeping Left to touch next to Right. Then Restart from beginning.	