

Old School

Choreographed by: Darren Bailey, Raymond Sarlemijn, Roy Verdonk

Level/counts: 48 counts, intermediate (fun dance)

Music: Any old school hip hop music

Moonwalks, ¼ turn R ripple and collapse

- 1-2 Drag R heel back across floor, Drag L heel back across floor.
- 3-4 Drag R heel back across floor, Drag L heel back across floor.
- 5-6 Touch R toe back, make a 1/4 turn R
- 7-8 (With R arm out to R side Shoulder level) make ripple from fingers to shoulder, collapse body towards floor (like a broken robot).

Pull body back up x2, Right hitches x2

- 1-2 Place hands in front of body with fingers pointed forward, keeping hands where they are now pull your body half way up to normal position.
- 3-4 Place hand In front of you again with fingers pointed forward, keeping hand where they are now pull your body up to standing position.
- 5-6 Hitch R knee in front and across of L leg, touch R toe to R side,
- 7-8 Hitch R knee in front and across of L leg, touch R toe to R side.

Weight change, left hitches x2, weight change, body roll with ¼ L

- 1 Bending knees and Lowering body, move body weight and body over R foot
- 2-3 Hitch L knee in front and across of R leg, touch L toe to L side,
- 4-5 Hitch L knee in front and across of R leg, touch L toe to L side,
- 6 Bending knees and Lowering body, move body weight and body over L foot.
- 7-8 Make a body roll to the L making ¼ L over 2 counts.

Toe struts with drags x4 (on the spot)

- 1-2 Touch R toe forward, As you put R heel on floor drag L foot back
- 3-4 Touch L toe forward, as you put L heel on floor drag R foot back
- 5-6 Touch R toe forward, As you put R heel on floor drag L foot back
- 7-8 Touch L toe forward, as you put L heel on floor drag R foot back

Out, out, hands on the wall move across the wall to the L (Miming)

- 1-2 Step out on with R foot whilst placing R hand palm forward above R foot,
Step out on with L foot whilst placing L hand palm forward above L foot,
- 3-4 Cross R hand behind and to L of L hand palm still facing forward, place L hand to L side of R hand palm still facing forward.
- &5-6 (Keeping hands in this position) & step R foot next to L foot, step L foot to L side, (6) Cross R hand behind and to L of L hand palm still facing forward
- 7&8 Place L hand to L side of R hand palm still facing forward & step R foot next to L foot, step L foot to L side.

Step R forward make ¼ L x2 Arms ripple into body roll down.

- 1-2 (Dropping hands) step R foot forward, make a ¼ turn L
- 3-4 Step R foot forward, make a ¼ turn L
- 5-6 With R arm out to R side Shoulder level make ripple from fingers to shoulder across back, and from L shoulder to L fingers.
- 7-8 With L arm out to L side Shoulder level make ripple from fingers to shoulder
Body roll from shoulders to feet placing weight onto L foot (body roll flows straight into moonwalk at beginning of dance)

Enjoy and remember Dancing is About having fun.....