One Hundred

COPPER KNOB

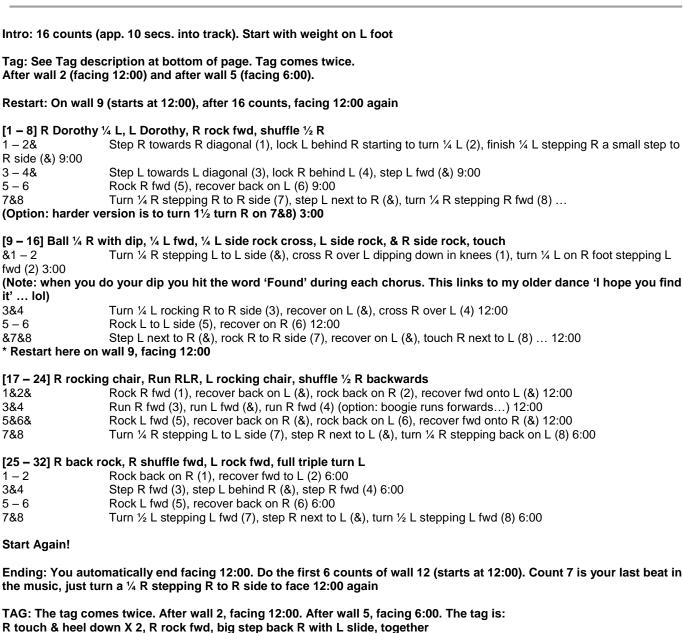
Count: 32

Level: Improver

Choreographer: Niels Poulsen (DK) May 2018

Music: One hundred by Ida Corr. 99 BPM. Track length: 3.52. Buy on iTunes, etc.

Wall: 2



1&2&Touch R next to L (1), step R down (&), touch L heel fwd (2), step L down (&) 12:003&4&Touch R next to L (3), step R down (&), touch L heel fwd (4), step L down (&) 12:00(Note: during counts 1-4& you travel slightly forward)5 - 6Rock R fwd (5), recover back on L (6) 12:007 - 8Make a big step back on R dragging L heel towards R (7), step L next to R (8) ... then start the dance fromthe top again 12:00

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