One Life, One Love

Count: 32	**Wall:** 2	**Level:** Improver

Choreographer: Guillaume RICHARD (France) Jan 2017

Music: Don't Let This Feeling Fade by Lindsey Stirling

Start of the dance : After 16 counts

[1-8] : STEP & HEEL FANS X2 – STEP ½ TURN – COASTER STEP
1&2& : Step RF forward – Spread heels outside – Back with the heels in – Step RF next to LF
3&4& : Step LF forward – Spread heels outside – Back with the heels in – Step LF next to RF
5-6 : Step RF forward – Making ½ turn L and keep weight on RF
7&8 : Step LF backward – Step RF next to LF – Step LF forward

[9-16] : SCUFF – STEP – WEAVE – SWIVEL WITH ARMS MOVEMENT
1-2 : Scuff RF – Step RF to R (make a ¾ circle with your arms by L side and finish with arms at shoulders height)
3&4 : Cross LF behind RF – Step RF to R – Cross LF over RF (keep your arms as count 2)
5&6 : Step RF to R with R toe in – R toe out (arms as count 2) – Keep arms parallel pushing them down and turn your face down with
7&8 : R toe in – R heel in (keep arms as count 6) – R toe back in the middle (Lay hands on top of each other at shoulder height)

[17-24] : CROSS – SIDE – WEAVE – TRIPLE FULL TURN – PONY STEPS BACK
1-2 : Cross RF over LF – Step LF to L
3&4 : Cross RF behind LF – Step LF to L – Cross RF over LF
5&6 : Making ½ turn L stepping LF forward – Step RF next to LF – Making ½ turn L stepping LF forward (full turn on site)
7&8 : Step RF backward and hitch L knee – Step LF next to RF – Step RF backward and hitch L knee

[25-32] : Coaster Step – Scoot – Scuff & Touch – Rock Back
1&2 : Step LF backward – Step RF next to LF – Step LF forward
3&4 : Scuff RF – Hitch R knee (with a little jump) –Step RF forward
5&6 : Scuff LF – Step LF forward – Touch R toe behind LF
7-8 : Put weight on RF (Put your hands on top of each other at shoulder height and look back in the same time) – Recover on LF

TAG : At wall 6, do the next 8 counts following the beat of the music
1-2-3&4 : Stomp RF – Clap your hands – Stomp LF – Clap your hands – Clap your hands
5-8 : Repeat the first 4 counts