

Open My Heart

Choreographer Maria Maag, Denmark

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Type of dance:	90 counts, 2 walls, Waltz line dance
Level:	High Intermediate
Phrasing:	90, 84, 90, 84, 60, 82
3 Restarts:	On wall 2 after 84 counts (facing 12:00), step fw. R (1) On wall 4 after 84 counts (facing 12:00), step fw. R (1) On wall 5 after 60 counts (facing 6:00), step fw. R (1)
Music:	Anywhere but here (Finding Neverland) By Christina Aguilera, length 3:40
Intro:	12 counts from first beat.
Ending:	On wall 6 after 81 counts (facing 12:00) step fw. L, drag R next to L (82) The End ☺ ☺
Note:	Thank you so much Niels Poulsen for your Inspiration and help with a few steps. Much appreciated. ☺

Counts	Footwork	You face
1 – 6	Step fw. R, ½ turn R, cross L over R point R to R diagonal	
1-2-3	Step fw. R (1), step fw. L (2), turn ½ R stepping fw. R (3)	06:00
4-5-6	Cross slightly L over R (4), point R diagonally fw. R (5), hold (6)	07:30
7 - 12	Step back R, rock L, recover R, step L fw. Figure 4 3/8 turn L	
1-2-3	Step R back L (1), rock L to L side (2), recover R (3)	07:30
4-5-6	Step fw. L (4), turn 3/8 L on L as you bend L knee and R foot goes to L shin (5), hold (6)	03:00
13 - 18	Weave L, step L to L slide R next to L as you move your upper body and arms towards L	
1-2-3	Cross R over L (1), step L to L side (2), cross R behind L (3)	03:00
4-5-6	Take a big step L (4), slide R next to L as you move your upper body and arms towards L (5), hold (6)	03:00
19 - 24	Chasse ¼ R (option: 1 ¼ turn R) ½ turn R step back L and sweep R	
1-2-3	Step R to R (1), step L next to R (2), Turn ¼ R stepping fw. R (3)	06:00
4-5-6	Turn ½ R on R stepping back L and sweep R from front to back (4), continue sweeping R (5-6)	12:00
25 - 30	Behind, 1/8 L, step fw R, slowly rock fw. L	
1-2-3	Cross R behind L (1), turn 1/8 L step L to L (2), step fw. R (3)	10:30
4-5-6	Slowly Rock fw. L reach R arm fw. open hand and palm facing down (4-5), hold (weights L arm is fw.)(6)	10:30
31- 36	Recover R, step back L, turn ¼ R stepping fw. R, lunge L fw. prep and reach R arm fw.	
1-2-3	Step back R and bend R elbow and pull R arm back and close your hand (1), step back L (2), turn ¼ R stepping fw. R (3)	01:30
4-5-6	Step fw. L and lunge fw. as you rotate your upper body L and reach fw. With your R arm (4-5-6) <i>(weight ends on L)</i>	01:30
37- 42	Recover R, step back L turn ½ R on L stepping fw. R, step fw. L slowly kick R fw.	
1-2-3	Recover back R (1), step back L (2), turn ½ R on L stepping fw. R (3)	07:30
4-5-6	Step fw. L (4), hitch R knee (5), stretch R leg (6)	07:30
43 - 48	Step back R turn 1/8 R and Lunge R, recover ¼ L sliding R next to L	
1-2-3	Step back R (1), turn 1/8 R on R as you move your upper body and arms R (2), hold with R leg bent and L leg stretched (3)	09:00
4-5-6	Turn ¼ L stepping fw. L (4), slide R next to L (5-6) <i>Styling: your body is slowly turning towards L diagonal</i>	06:00
49 - 54	Twinkle R, twinkle L	
1-2-3	Step R diagonally fw. L (1), step fw. L (2), step R diagonally fw. R (3)	06:00
4-5-6	Step L diagonally fw. R (4), step fw. R (5), step L diagonally fw. L (6)	06:00
55 - 60	Cross full unwind L, sweep R	
1-2-3	Cross R over L (1), make a full unwind L on R (2-3)	06:00
4-5-6	Step down L (4), sweep R fw. (5-6)	Restart wall 5 06:00
61 - 66	Jazz ½ turn R, basic fw. L	
1-2-3	Cross R over L (1), turn ¼ R stepping back L (2) turn ¼ R stepping fw. R (3)	12:00
4-5-6	Step fw. L (4), step R next to L (5), step L next to R (6) (<i>Option : Full triple turn L</i>)	12:00
67 - 72	Twinkle R, Twinkle L	
1-2-3	Step R diagonally fw. L (1), step fw. L (2), step R diagonally fw. R (3)	12:00
4-5-6	Step L diagonally fw. R (4), step fw. R (5), step L diagonally fw. L (6)	12:00
73 - 78	Cross full unwind L, sweep R	
1-2-3	Cross R over L (1), make a full unwind L on R (2-3)	12:00
4-5-6	Step down L (4), sweep R fw. (5-6)	12:00
79 - 84	Jazz ½ R, basic fw. L	
1-2-3	Cross R over L (1), turn ¼ R stepping back L (2) turn ¼ R stepping fw. R (3)	06:00
4-5-6	Step fw. L (4), step R next to L (5), step L next to R (6) (<i>Option : Full triple turn L</i>)	Restart wall 2&4 06:00
85 - 90	Step fw. R with kick fw. L, step back L hook R in front of L	
1-2-3	Step fw. R (1), kick L fw. (2-3)	06:00
4-5-6	Step back L (4), hook R in front of L (5-6)	06:00