

Red Is The Rose

Count: 32

Wall: 2

Level: Intermediate NC2S

Choreographer: Gary O'Reilly (IRE) (January 2020)

Music: "Red Is The Rose" by Órla Fallon (feat. Tommy Fleming) – 4mins 31secs



Music Available from iTunes & Amazon

Intro: 24 counts, starting on the lyric "over"

This dance is dedicated to my mother Angela, and it is very special to me as it is her favourite song to sing.

Easy Sequence: 4 sways, 2 sways, restart, 2 sways, 2 sways, no sways, no sways, hesitation, ending.

Section 1: WALK R, 1/2, 1/2, 1/4 SWEEP, BEHIND SIDE CROSS/SWEEP, CROSS SIDE BACK/SWEEP, BACK SIDE, FWD ROCK

- 1 Walk forward on R (1)
2 & 3 ½ R stepping back on L (2), ½ R stepping forward on R (&), ¼ R stepping L to L side sweeping R around from front to back (3) [3:00]
4 & 5 Cross R behind L (4), step L to L side (&), cross R over L sweeping L around from back to front (5)
6 & 7 Cross L over R (6), step R to R side (&), 1/8 L stepping back on L sweeping R around from front to back (7) [1:30] ****HESITATION Wall 8
8 & 1 Step back on R (8), 1/8 L stepping L to L side (&), 1/8 L rocking forward on R (1) [10:30]

Section 2: RECOVER, SIDE, PIVOT 1/2, PIVOT 1/2, FWD ROCK & CROSS, SIDE ROCK CROSS

- 2 & Recover on L (2), 1/8 R stepping R to R side (&) [12:00]
3&4& 1/8 R stepping forward on L (3), pivot ½ turn R (&), step forward on L (4), pivot ½ turn R (&) [1:30]
5&6&7 Rock forward on L (5), recover on R (6), 1/8 L stepping L to L side (&), cross R over L (7) [12:00]
8 & 8 Rock L to L side (&), recover on R (8), cross L over R (&)

Section 3: BASIC R, 1/4, 1/4, CROSS, R SCISSOR CROSS & BACK ROCK

- 1 2 & Step R long step to R side dragging L in to R (1), step L slightly behind R (2), cross R over L (&)
***RESTART Wall 3
3 4 & ¼ R stepping back on L (3), ¼ R stepping R to R side (4), cross L over R (&) [6:00]
5 & 6 Step R to R side (5), step L next to R (&), cross R over L (6)
8 & 7 8 Step L to L side (&), rock R behind L (open body up to R diagonal) (7), recover on L (8)

Section 4: SIDE, BEHIND/SWEEP, BEHIND SIDE CROSS, RUN-RUN-RUN, PRESS, SWEEP, BEHIND, 1/4

- & 1 Step R to R side (&), cross L behind R sweeping R around from front to back (1)
2 & 3 Cross R behind L (2), step L to L side (&), cross R over L (3)
4 & 5 ¼ L stepping forward L (4), ¼ L stepping R next to L (&), ¼ L step forward on L sweeping R around from back to front (5) [9:00]
note: Counts 4&5 create a circular arch turn
6 7 Press forward on R slightly across L (6), recover on L sweeping R around from front to back (7)
8 & Cross R behind L (8), ¼ L stepping slightly forward on L (&) [6:00]

*Tag, at the end of Wall 1 [6:00], add:

Tag: SWAY, SWAY, SWAY, SWAY

- 1 2 Step R to R side swaying to R (1), sway L (2)
3 4 Sway R (3), sway L (weight ends on L) (4)

**Tag, at the end of Wall 2 [12:00], Wall 4 [6:00], Wall 5 [12:00], add:

Tag: SWAY, SWAY

- 1 2 Step R to R side swaying to R (1), sway L (weight ends on L) (2)

***Restart: After 18 counts during Wall 3 [12:00]

During section 3 of Wall 3, step L next to R then Restart from the beginning

- 1 2 Step R long step to R side dragging L in to R (1), step L next to R (2)

****HESITATION, Wall 8

During section 1 of Wall 8, add 1 extra count during the count 7 sweep.

This will extend the sweep making it a little slower before continuing with the rest of the dance.

*****Ending: Dance up-to and including count 3 of section 4 during wall 8

Add the following to end facing [12:00]:

- 1 2 3 Unwind ½ turn L (weight ends on L) (1,2,3) [12:00]

I hope you enjoy this beautiful piece of music x x