Smooth Intention

Count: 64 **Wall:** 0 **Level:** High Improver

Choreographer: Virginie Semo (FR) & Jean-Pierre Madge (CH) - February 2026

Music: I Just Might - Bruno Mars

Intro: 16 count from first beat (app. 15 seconds into track). Start with weight on L foot.

Restart happen on wall 2 and 4 facing 12', after 48 counts

[1 – 8] Walk, Walk , Ancor Step, Full turn L, Coaster Step

1-2	Walk R,L (1,2) 12:00
3&4	Step R behind L (3), Step L on place (&), Step R back (4), 12:00
5-6	½ L step L forward (5), ½ L step R back (6), 12:00
7&8	Step L back (7), Step R next L (&), Step L forward (8) 12:00

[9 – 16] Point & Point & Heel & Heel & Touch & Heel, Ball cross ¼ R, Shimmy up

1&2&	Touch R to R (1), bring R next L (&), Touch L to L (2), bring L next R (&), 12:00
3&4&	R heel forward (3), bring R next L (&), L heel forward (4), bring L next R (&), 12:00
5&6&7	Touch R next L (5), Step R on place (&), L heel forward (6), bring L next R (&), ¼ R and cross R over L (7) as you cross, bend your knees low 12:00
&a8	As you straighten up, shimmy your shoulders fast 3 times (&a8) weight is on your R 3:00

[17 – 25] Side, Cross, Side, Cross, Side rock, Behind ¼ R step forward

1-2-3-4	Step L to L side (1), Cross R over L (2), Step L to L side (3), Cross R over L (4), 3:00
5-6	Rock L to L side (5), Recover (6), 3:00
7&8	Cross L behind R (7), ¼ R step R forward (&), Step L forward (8), 6:00

[26 – 32] Rock, Recover, Coaster step, Step pivot 1/2 R, Shuffle forward

1-2	Rock R forward (1), Recover (2), 6:00
3&4	Step R back (3), Step L next R (&), Step R forward (4), 6:00
5-6	Step L forward (5), Pivot ½ R step R forward (6), 12:00
7&8	Step L forward (7), Step R next L (&), Step L forward (8), 12:00

[33-40] Cross Samba x2, Syncopated jazz-box, Heels bounce

1&2	Cross R over L (1), Rock L to L (&), Recover (2), 12:00
3&4	Cross L over R (3), Rock R to R (&), Recover (4) 12:00
5-6&7	Cross R over L (5), Step L back (6), Step R to R (&), Cross L over R (7) 12:00
&8	Bounce both heels up and down (&8) weight is on your L 12:00

[41-48] Hitch , Side, Sailor Step, Touch Unwind ½ R, Mambo L

&1-2	Hitch R (&), Big step R to R (1), Drag L next to R (2) 12:00
3&4	Cross L behind R (3), Step R to R (&), Step L to L (4), 12:00
5-6	Touch R behind L (5), Unwind ½ R and Step R forward (6) 6:00
7&8	Rock L forward (7), Recover (&), Step L next R (8) 6:00

Restart happen here facing 12' on wall 2 and 4

[49-56] Step-Point x2, Rock Recover, Back Touch x2

1-2-3-4	Step R forward (1), Point L to L (2), Step L forward (3), Point R to R (4), 6:00
5-6	Rock R forward (5), Recover (6), 6:00
&7&8	Step R back into R diagonal (&), Touch L next R (7), Step L back into L diagonal (&), Touch R next L (8) 6:00

[57-64] Back Rock, Recover, Step Pivot ½ L x2, Kick ball step

1-2	Rock R back (1), Recover (2) 6:00
3-4-5-6	Step R forward (3), Pivot ½ L Step L forward (4), Step R forward (5), pivot ½ L Step L forward (6) 6:00
7&8	Kick R forward (7), Step R next to L (&), Step L forward (8). 6:00

Start again !