

# Strip It Down

**Count:** 32      **Wall:** 4      **Level:** Intermediate NC2S  
**Choreographer:** Rachael McEnaney-White (UK/USA) Oct. 2015  
**Music:** "Strip It Down" – Luke Bryan. Approx 4.01 mins

**Count In: 16 counts from start of track, dance begins on vocals. Approx 69 bpm**

**[1 – 8] R nightclub basic, L nightclub basic, ¼ turn R into serpiente**

1 2 &      Step R to right side (1), close L slightly behind R (2), cross R over L (&), 12.00  
3 4 &      Step L to left side (3), close R slightly behind L (4), cross L over R (&) 12.00  
5 6 &      Make ¼ turn right stepping forward R as you sweep L (5), cross L over R (6), step R  
to right side (&), 3.00  
7 8 &      Cross L behind R as you sweep R (7), cross R behind L (8), step L to left side (&) 3.00

**[9 – 16] R cross rock, R side rock, R behind, L side, R cross, L side rock with ¼ turn R, L rocking chair, ¾ turn R**

1 & 2 &      Cross rock R over L (1), recover weight L (&), rock R to right side (2), recover weight  
L (&) 3.00  
3 & 4      Cross R behind L (3), step L to left side (&), cross R over L (4) 3.00  
5 & 6 &      Rock L to left side (5), make ¼ turn right as you recover weight R (&), rock forward L  
(6), recover weight R (&), 6.00  
7 & 8 &      Rock back L (7), recover weight R (&), make ½ turn right stepping back L (8), make  
¼ turn right stepping R to right side (&) 3.00

**[17 – 24] L cross, R side rock, R cross with L sweep, L cross, R side, half diamond fall away, L cross, ¼ turn L**

1 2 & 3      Cross L over R (1), rock R to right side (2), recover weight L (&), cross R over L as  
you sweep L (3) 3.00  
4 & 5      Cross L over R (4), step R to right side (&), make 1/8 turn left stepping back L (5)  
1.30  
6 & 7      Step back R (6), make 1/8 turn left stepping L to left side (&), make 1/8 turn left  
stepping forward R (7) 10.30  
8 &      Cross L over R (squaring up to 9.00) (8), make ¼ turn left stepping back R (&), 6.00

**[25 – 32] ¼ turn L into 'single-single-double L', R side, L touch, L side, R touch, rolling vine R, L cross**

1 & 2 &      Make ¼ turn left stepping L to left side (1), touch R next to L (&), step R to right side  
(slightly forward) (2), touch L next to R (&) 3.00  
3 & 4      Step L to left side (slightly forward) (3), step R next to L (&), step L to left side  
(slightly forward) (4) 3.00  
5 & 6 &      Step R to right side (slightly forward) (5), touch L next to R (&), step L to left side  
(slightly forward) (6), touch R next to L (&) 3.00  
7 & 8 &      Make ¼ turn right stepping forward R (7), make ½ turn right stepping back L (&),  
make ¼ turn right stepping R to right side (8), cross L over R (&) 3.00

**Styling: Counts 1 – 6& should have a 'groove' to it, sway into each step using hips, it moves very slightly forward. START AGAIN**

**HAPPY DANCING**

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