

Count: 48 Wall: 4 **Level:** Phrased High Intermediate

Choreographer: Debbie Rushton (UK) Jan. 2016

Music: Like A Mack by Prince (ft Curly Fryz) 4:04

Count In: 5 seconds – on beat and lyrics 'Roll up into town...'

#### PART A - 32 counts

### A1: WALK WALK ¼ CROSS ¼ TURN, STEP ½ TURN ¼ DRAG, BEHIND ¼ TURN STEP FORWARD

12 Walk forward R, Walk forward L

&34 Make ¼ turn L stepping R to R side, Cross L over R, Make ¼ turn R stepping R forward

(12o'c)

5&6 Step L forward, Pivot ¾ turn R taking weight onto R, Step L to L side (9 o clock) 7&8 Cross R behind L, Make 1/4 turn L stepping L forward, Step R forward (6 o clock)

#### A2: BOOGIE WALKS x3, MAMBO STEP & 1/4 TOUCH, SIDE SHUFFLE

Bending knees slightly, run forward L, R, L 1&2

3&4 Rock forward onto R, Recover weight back onto L, Step back on R

**&**5 6 Step back on L, Make ¼ turn R stepping R big step to R side, Touch L beside R (9 o

clock)

7&8 Step L to L side, Step R beside L, Step L to L side

## A3: CROSS ROCK SIDE ROCK, CROSS 3/4 UNWIND, HIP ROLL x2 &

1&2&	Cross rock R over L, Recover weight onto L, Rock R out to R side, Recover weigh onto L
3 4	Cross R over L, Unwind ¾ turn over L shoulder ending with weight on L (12 o clock)
5 6	Step R out to R side and roll hips counter-clockwise from L to R (taking weight onto R)
7.00	Dell black de alcologies France D (a. L. //alden conside), anta L. O(ancarda D fact

Roll hips clockwise From R to L (taking weight onto L), Step onto R foot 7 8&

### A4: CROSS SIDE BEHIND SIDE CROSS SIDE ROCK, CROSS SIDE ROCK, CROSS 1/4 TURN 1/2 TURN

1&2&	Cross L over R, Step R to R side, Cross L behind R, Step R to R side
3&4	Cross L over R, Rock R out to R side, Recover weight onto L
5&6	Cross R over L, Rock L out to L side, Recover weight onto R

7&8 Cross L over R, Make ¼ turn L stepping back on R, Make ½ turn L stepping L forward (3

o'c)

## PART B - 16 counts

### **B1: SIDE TOGETHER SIDE TOUCH x2**

Step R to R side, Step L beside R, Step R to R side, Touch L beside R 1234 Step L to L side, Step R beside L, Step L to L side, Touch R beside L 5678

### B2: HEEL, HEEL, BACK, BACK, BUMP & BUMP ½ TURN, ROCK, RECOVER, COASTER STEP

&1&2 Step R forward to R diagonal using R heel, Step L forward to L diagonal using L heel, Step R back in place, Step L beside R

Step R fwd bumping R hip forward, Take weight back onto L & bump L hip back, Take weight forward onto R bumping R hip forward whilst making ½ turn L (weight ends back on R)

Rock forward on L, Recover weight back onto R 56

Step back on L, Step R beside L, Step L forward 7&8

# TAG: CROSS BACK SIDE CROSS, SIDE DRAG STEP

Cross R over L, Step L back, Step R to R side, Cross L over R 1&2& 3 4 Step R big step to R side whilst dragging L up to R, Step L beside R

<sup>\*</sup> Make these steps funky please!

#### **SEQUENCE:-**

Clock directions are where each wall STARTS

A 12 o clock

A 3 o clock – Dance up to Count 16 (L side shuffle) and go straight into the tag

TAG 12 o clock
B 12 o clock
A 6 o clock
A 9 o clock

A 12 o clock - Dance up to Count 16 (L side shuffle) and go straight into the tag

TAG 9 o clock
B 9 o clock
B 3 o clock
A 9 o clock

A 12 o clock - Dance up to Count 16 (L side shuffle) and go straight into the tag

TAG 9 o clock A 9 o clock

A 12 o clock - Dance up to Count 16 (L side shuffle) and go straight into the tag

TAG 9 o clock A 9 o clock TAG 12 o clock A 12 o clock

A 3 o clock - Dance up to Count 16 (L side shuffle) and go straight into PART B

B 12 o clock B 12 o clock

TAG 12 o clock to FINISH!

#### NOTES!!

On \*almost\* every 'A' which goes into a Tag, he sings 'WHAT'S COOKING?' when you are dancing counts '&13'. This is your cue that a tag is going to happen after count 16!

The only time this doesn't happen is on the 5th Tag which comes at the END of A so you just have to remember that one.

I PROMISE IT'S NOT AS SCARY AS IT LOOKS. YOU CAN HEAR IT IN THE SONG.

WHAT'S COOKING??..... A TAG!

Contact: debmcwotzit@gmail.com