



Approved by:



Ease My Troubles

4 WALL – 32 COUNTS – INTERMEDIATE

STEPS	ACTUAL FOOTWORK	CALLING SUGGESTION	DIRECTION
Section 1 1 2 & 3 4 & 5 6 & 7 8 & 1	Night Club Basic, Side, Behind, 1/4. Step, Step, Pivot 1/2, Step, Full Turn Step right long step to right side. Rock back on left. Recover onto right. Step left to left side. Cross right behind left. Step left forward making 1/4 turn left. Step right forward. Step left forward. Pivot 1/2 turn right. Step left forward. Triple step forward full turn left, stepping - right, left, right.	Step Back Rock Step Behind Turn Step Step Pivot Step Triple Full Turn	Right Left Turning left Turning right Turning left
Section 2 2 & 3 4 & 5 6 & 7 8 – 1	Diagonal Lock Step, Step, Pivot 1/2, Step, Diagonal Lock Step, Hip Sways Step left diagonally forward left (facing 1:30) Lock right behind left. Step left diagonally forward left. Step right forward. Pivot 1/2 turn left (facing 7:30). Step right forward. Step left diagonally forward (7:30). Lock right behind left. Step left diagonally forward. Sway hips right (straightening up to face 6:00). Sway hips left.	Left Lock Left Step Pivot Step Left Lock Left Sway Sway	Forward Turning left Forward On the spot
Section 3 2 & 3 4 & 5 6 & 7 8 & 1	Behind Side Cross, 1/4, 1/4, Cross Rock & Cross Rock, 1/2, 1/4 Cross right behind left. Step left to left side. Cross right over left. Step left back making 1/4 turn right. Step right to side making 1/4 turn right. Cross rock left over right. Recover onto right. Step left to left side. Cross rock right over left. Recover onto left. Make 1/2 turn right stepping right forward. Make 1/4 turn right stepping left to side.	Behind Side Cross Turn Turn Rock Recover & Rock Recover Turn Turn	Left Turning right Left On the spot Turning right
Section 4 2 & 3 4 & 5 6 & 7 & 8 &	Behind, 1/4, Step, Mambo 1/4, Cross Rock, Side Rock, Back Rock Cross right behind left. Step left forward making 1/4 turn left. Step right forward. Rock left forward. Recover onto right. Step left to left side making 1/4 turn left. Cross rock right over left. Recover onto left. Rock right to right side. Recover onto left. Rock right back behind left. Recover onto left (ready to step right on count 1).	Behind Turn Step Mambo Turn Cross Rock Side Rock Back Rock	Turning left On the spot

Choreographed by: Debbie Ellis (ES) April 2010

Choreographed to: 'Have I Told You Lately' by Rod Stewart (142 bpm) from CD Vagabond Heart; also available as download from amazon.co.uk or iTunes (start on main vocals)



A video clip of this dance is available at www.linedancermagazine.com