

Follow You Down

48 Count, 4 Wall, Intermediate, Waltz
Choreographer: Guyton Mundy (April 2014)
Choreographed to: I'll Follow You by Shinedown

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- 1-6 Cross rock, hold, recover, 1/4 turn, 7/8 spin turn**
1-2-3 cross rock left over right, hold, recover on right
4-5-6 make 1/4 turn left stepping forward on left, spin 7/8 turn left over 2 counts keeping weight on left (now facing left diagonal)
- 7-12 Walk back x 5, 1/4 turn**
1-2-3 walk back right, left, right
4-5-6 walk back left, step together with right, make 1/4 turn left stepping forward on left
- 13-18 Walk forward x 2, rock, recover, back, 1/2 turn**
1-2-3 walk forward right, left, rock forward on right
4-5-6 recover on left, step back on right, make 1/2 turn left stepping forward on left
- 19-24 Full turn, twinkle**
1-2-3 spin a full turn left ending with weight on right (still facing the diagonal)
4-5-6 cross left over right, step right to right side, step together with left
- 25-30 Cross, sweep, cross, 1/8 turn, back**
1-2-3 cross right over left, sweep left around over 2 counts
4-5-6 cross left over right, make 1/8 turn left stepping back on right, step back on left
- 31-36 1/2 turn, 1/2 turn sweep, forward, sweep**
1-2-3 make 1/2 turn right stepping forward on right sweeping left around, continue the sweep over 2 counts making another 1/2 turn right
4-5-6 step forward on left, sweep right around over 2 counts
- 37-42 Rock, recover, back, 1/2 turn, 1/4 turn, prep**
1-2-3 rock forward on right, recover on left, step back on right
4-5-6 make 1/2 turn left stepping forward on left, make 1/4 turn left stepping right to right side, torque body to right into a prep
- 43-48 Full turn, side, behind, side**
1-2-3 make full turn left on left foot
4-5-6 step right to right side, step left behind right, step right to right side
- Tag: will happen after walls 1, 2 and 3**
1-6 Step sweep x 2
1-2-3 step forward on left sweeping right around
4-5-6 step forward on right sweeping left around
- 7-12 Step, rock, recover, back. 1/2 turn, forward**
1-2-3 step forward on left, rock forward on right, recover on left
4-5-6 step back on right, make 1/2 turn left stepping forward on left, step forward on right
- 13-24 Repeat these 12 counts and Restart the dance.
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