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E-mail: [admin@linedancermagazine.com](mailto:admin@linedancermagazine.com)

## Human Spirit

32 Count, 4 Wall, Beginner

Choreographer: Birthe Tygesen (DK) Aug 2012

Choreographed to: Human Spirit by Amy MacDonald

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Intro 16 counts

**1 Step, brush, step, brush, shuffle fwd, rock step**

1,2,3,4 step R forward, brush L, step L forward, brush R

5&6 step forward R, step L next to R, step forward R

7,8 rock forward L, recover onto R

**2 Shuffle back, rock step, Rocking Chair**

1&2 step back L, step R next to L, step back L

3,4 rock back R, recover onto L

5,6,7,8 rock forward R, recover onto L, rock back onto R, recover onto L

**Restart** \*\*During Wall 3 restart the dance here to the back wall

**3 Monterey 1/4 turn, Rocking Chair**

1,2,3,4 point R to R side, 1/4 turn R step R next to L, point L to L side, step L next to R

5,6,7,8 rock forward R, recover onto L, rock back onto R, recover onto L

**4 Paddle 1/4 turn, paddle 1/4 turn, step, touch, back, touch**

1,2,3,4 step forward R, 1/4 turn L weight to L, step forward R, 1/4 turn L weight to L

5,6 step R forward to R diagonal, touch L next to R,

7,8 step L back to L diagonal., touch R next to L

**\*\*RESTART:** wall3 after 16 counts restart the dance (6:00)

Enjoy :-)

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Linedancer Magazine, 166 Lord Street, Southport, United Kingdom, PR9 0QA

Tel: +44 (0)1704 392300 Fax: +44 (0)871 900 5768<sup>charged at 10p per minute</sup>