

# Hurry Up, Slow Down

**Count:** 32    **Wall:** 4    **Level:** Beginner

**Choreographer:** Séverine Fillion (France, Feb 2013)

**Music:** "Hurry Up, Slow Down" by Don Derby

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**Intro : 32 counts**

## **[1-8] TOE STRUT FWD (RIGHT & LEFT), ROCKING CHAIR**

- 1-2            Right ball fwd, drop right heel
- 3-4            Left ball fwd, drop left heel
- 5-6            Rock step right fwd,, recover on left
- 7-8            Rock step right back, recover on left

## **[9-16] SIDE, CROSS KICK, SIDE, CROSS KICK, JAZZ BOX 1/4TURN**

- 1-2            Right step to the right, left kick diagonally right fwd
- 3-4            Left step to the left, right kick diagonally left fwd
- 5-6            Right cross over left, left step back
- 7-8            ¼ turn right stepping right to right side, left step fwd \* Restart here on 3th wall

## **[17-24] VINE, SCUFF, VINE, SCUFF**

- 1-3            Right step to the right, left cross behind right, right step to the right
- 4              Scuff left next to right
- 5-7            Left step to the left, right cross behind left, left step to the left

**Option for 5-7 : Rolling vine left : ¼ turn left stepping left fwd, ½ turn left stepping right back, ¼ turn left stepping left to left**

- 8              Scuff right next to left

## **[25-32] STOMP OUT, HOLD (RIGHT & LEFT), ROLLING HIPS**

- 1-2            Stomp right to right side, Hold
- 3-4            Stomp left to left side, Hold
- 5-8            Rolling your hips (opposite clockwise)

**Start again and enjoy !**

**Restart: On wall 3 after 16 counts at 9:00**

**Contact: [ccfillion@wanadoo.fr](mailto:ccfillion@wanadoo.fr)**