

Make It Shake

Phrased, 4 Wall, Advanced

Choreographer: Fred Whitehouse & Darren "Daz" Bailey (UK)
Oct 2014

Choreographed to: Make It Shake by Machel Montano, Busta Rhymes, Olivia & Fatman Scoop

Sequence: 32-count intro, ABB, AA, AABB, Tag, AA, BBBB
Start dancing on lyrics

SECTION A

ROCK RECOVER X 3, HOP BACK TWICE

- 1-2& Rock right side, recover to left, step right together
- 3-4& Rock left side, recover to right, step left together
- 5-6 Rock right forward, recover to left
- 7-8 Hop right back, hop right back

STEP HITCH, STEP FLICK, STEP LOCK, ROCK RECOVER

- 1-2 Turn ¼ left and step left side, hook right behind
- 3-4 Touch right side, hook right behind
- 5-6 Step right side, turn ¼ right and lock left behind (raise right heel and pop right knee)
- 7-8 Rock right back and raise left heel (pop left knee), recover to left

DOROTHY STEP, CHEST POP, ¼ HEEL GRIND, HEEL SWITCH AND SCUFF

- 1-2 Step right diagonally forward, lock left behind
- &3 Step right side, step left diagonally forward
- &4 Hold (expand chest out, bring chest back in)
- 5-6 Cross right over, turn ¼ right and step left back (3:00)
- &7&8 Step right together, touch right heel forward, step right together, scuff right forward

HOP KICK TWICE, JUMP FLICK, JUMP LOCK, HOP TWICE

- 1-2 Hop left back and kick right back, hop left forward and kick right forward
- 3-4 Jump feet apart, hop right in place and hook left over
- 5-6 Jump feet apart, jump crossing right over
- 7-8 Unwind ½ left and bounce heels, unwind ½ left and bounce heels

Easier option:

- 1-2& Touch right back, kick right forward, step right together
- 3-4 Touch left side, hitch left
- 5-6 Touch left side, lock left behind
- 7-8 Unwind ½ left and bounce heels, unwind ½ left and bounce heels

SECTION B

STOMP, HIP ROLLS X3, HITCH, STOMP, HIP BUMPS X4

- 1-4 Stomp right side, hold for 2 counts (circle hips quickly several times), hook left behind
- 5-8 Step left side, hold for 2 counts (circle hips quickly several times), hook right behind

STEP HITCH CLAP TWICE, STEP CLOSE TWICE

- 1-2 Turn 1/8 right and step right side, hitch left and clap
- 3-4 Turn ¼ left and step left side, hitch right and clap
- 5-6 Turn 3/8 right and step right side, step left together
- 7-8 Step right side, step left together

TAG BOX STEP WITH BODY ROCKS

- 1&2 Step right side (rock body back and raise one arm in the air), hold (rock body forward), hold (rock body back)
- 3&4 Turn ¼ right and step left side (rock body back and raise both hands in the air), hold (rock body forward), hold (rock body back)
- 5&6 Turn ¼ right and step right side (rock body back and raise one arm in the air), hold (rock body forward), hold (rock body back)
- 7&8 Turn ¼ right and step left side (rock body back and raise both hands in the air), hold (rock body forward), hold (rock body back)