

## Not The One

32 Count, 2 Wall, Intermediate/Advanced, NC2  
Choreographer: Neville Fitzgerald & Julie Harris (UK)  
September 2010  
Choreographed to: The One by Stan Walker feat Pixie  
Lotte, CD: From The Inside Out

---

Starts After 16 Counts.

### **Rock, Recover & Cross, 1/4, 1/2, Side, Sweep/Behind & Rock, Recover & Cross.**

- 1-2 Cross rock Left over Right, recover on Right.  
&3 Step Left to Left side, cross step Right over Left.  
&4 Make 1/4 turn to Right stepping back on Left, 1/2 turn to Right stepping forward on Right.  
&5 Step Left to Left side, cross step Right behind Left as Left sweeps out.  
6&7 Cross step Left behind Right, step Right to Right side, cross rock Left over Right.  
8&1 Recover on Right, step Left to Left side, cross step Right over Left.

### **1/4, 1/2, 1/4 Side, Rock & 1/4, Back, Cross, 3/8, Step 1/2 Step.**

- 2&3 Make 1/4 turn to Right stepping back on Left, 1/2 turn Right stepping forward on Right, 1/4 turn to Right stepping Left to Left side.  
4&5 Cross rock Right behind Left, recover on Left, make 1/4 turn Left stepping back on Right.  
6&7 Step back on Left, cross/lock Right over Left, make 3/8 turn to Left stepping forward Left. (1:30)  
&8& Step forward on Right, pivot 1/2 turn to Left, step forward on Right. (7:30)

### **Press, Back, Back, Back, 1/2, Step, 1/2, Step, 1/2, 1/2, Mambo Sweep.**

- 1 Press forward on Left. (slightly bent knee into press)  
2&3 Run back Right-Left-Right.  
4&5 Make 1/2 turn to Left stepping forward on Left, step forward on Right, pivot 1/2 turn to Left. (7:30)  
6&7 Step forward on Right, make 1/2 turn to Right stepping back on Left, 1/2 turn to Right stepping forward on Right. (7:30)  
8&1 Rock forward on Left, recover on Right, step back on Left as Right sweeps out. (7:30)

### **Behind 3/8 Step, Rock & Step, Back 1/2 Step, 1/2, 1/4. (Rock)**

- 2&3 Cross step Right behind Left, make 3/8 turn to Left stepping forward on Left, step forward on Right. (3:00)  
4&5 Rock forward on Left, recover on Right, step back on Left.  
6&7 Step back on Right, make 1/2 turn to Left stepping forward on Left, step forward on Right. (9:00)  
8& Make 1/2 turn to Right stepping back on Left, 1/4 Right stepping Right to Right side. (6:00)  
(1) *(Cross Rock Left over Right.)*

### **Restart With Small Step Change... Wall 3**

### **Dance Up To & Including Count 7 Section 1... Then Change Steps & Count To..**

&8& Recover on Right, step Left to Left side, cross step Right over Left turning 1/8,

**You Will Be Facing The Right Corner On Back Wall..**

**Begin Dance Again From Count 1.. Back Wall.**