



Script approved by

*Vivienne*

# One Heart



Vivienne Scott

INTERMEDIATE

STEPS	ACTUAL FOOTWORK	CALLING SUGGESTION	DIRECTION
<b>Section 1</b>	<b>Hip Sways Forward And Back, Right Rock, Behind Turn Step.</b>		
1 - 2	Step right forward swaying hips right. Step left forward swaying hips left.	Forward Hips	Forward
3 - 4	Step right back swaying hips right. Step left back swaying hips left.	Back Hips	Back
5 - 6	Rock right to right side. Rock left onto left.	Rock Step	On the spot
7 & 8	Step right behind left. Making 1/4 turn left step left forward. Step forward right.	Behind Turn Step	Turning left
<b>Section 2</b>	<b>Walks Forward, Back Lock Step, Rock Back, Pivot 1/2 Turn.</b>		
1 - 2	Step forward left. Step forward right.	Walk Walk	Forward
3 & 4	Step left back. Lock right across front of left. Step left back.	Back Lock Step	Back
5 - 6	Rock back on right. Rock forward onto left.	Back Rock	On the spot
7 - 8	Step forward right. Pivot 1/2 turn left .	Pivot Turn	Turning left
<b>Section 3</b>	<b>Shuffle 1/2 Turn, Rock Back, Shuffle 1/2 Turn, Rock Back.</b>		
1 & 2	Shuffle step forward making 1/2 turn left, stepping - Right, Left, Right.	Shuffle Turn	Turning left
3 - 4	Rock back on left. Rock forward onto right.	Back Rock	On the spot
5 & 6	Shuffle step forward making 1/2 turn right, stepping - Left, Right, Left.	Shuffle Turn	Turning right
7 - 8	Rock back on right. Rock forward onto left.	Back Rock	On the spot
<b>Restarts:-</b>	At this point in Celine Dion track only, three restarts are required. Start dance again on walls 3 and 7 (facing 9 o'clock) and wall 10 (facing 6 o'clock).		
<b>Section 4</b>	<b>Heel Switches, Step Drag, Kick Ball Change, Kick Out Out.</b>		
1 &	Touch right heel forward. Step right beside left.	Heel And	On the spot
2 &	Touch left heel forward. Step left beside right.	Heel And	
3 - 4	Step right forward. Drag left to close beside right.	Step Drag	Forward
5 & 6	Kick right forward. Step back on ball of right. Step left in place.	Kick Ball Change	On the spot
7 & 8	Kick right forward. Step right to right. Step left to left.	Kick Out Out	On the spot
<b>Option:-</b>	During steps 7 & 8 sweep hands forward and out in 'breast-stroke' motion.		
<b>Tag:-</b>	<b>Danced once at the end of wall 9 (facing 3 o'clock).</b>		
1 - 4	Hold for 4 counts with hands out at the side, palms facing down.		

**4 Wall Line Dance:-** 32 Counts. Intermediate.

**Choreographed by:-** Vivienne Scott (Can) April 2003.

**Choreographed to:-** 'One Heart' by Celine Dion from 'One Heart' CD; Or 'You Look Good In My Shirt' by Keith Urban from 'Golden Road' CD.

**Choreographers Notes:-** Restarts and Tag only required for Celine Dion track.

**Grand Finish:-** (Celine Dion track only) At the end of the song, in section 4, step 3, step forward right with arms out to the side.