



Approved by:



# Rama Lama Ding Dong

## 4 WALL - 32 COUNTS - IMPROVER

STEPS	ACTUAL FOOTWORK	CALLING SUGGESTION	DIRECTION
<b>Section 1</b> 1 - 2 3 & 4 5 & 6 7 & 8	<b>Cross Left, Side, Sailor Step, Right Kick Ball Step x 2</b> Cross left in front of right. Step right to right side. Cross left behind right. Step right to right side. Step left to left side. Kick right in front of left. Step right beside left. Step left to left side. Kick right in front of left. Step right beside left. Step left to left side.	Cross Side Sailor Step Kick Ball Step Kick Ball Step	Right On the spot Left
<b>Section 2</b> 1 - 2 3 & 4 5 & 6 7 & 8	<b>Cross Right, Side, Sailor Step, Left Kick Ball Step x 2</b> Cross right in front of right. Step left to left side. Cross right behind left. Step left to left side. Step right to right side. Kick left in front of right. Step left beside right. Step right to right side. Kick left in front of right. Step left beside right. Step right to right side.	Cross Side Sailor Step Kick Ball Step Kick Ball Step	Left On the spot Right
<b>Section 3</b> 1 & 2 3 & 4 5 & 6 7 & 8	<b>Cross Shuffle, 1/4 Turn Right Shuffle, 1/4 Turn Chasse, Sailor 1/4 Turn Right</b> Cross left over right. Step right to right side. Cross left over right. Step right 1/4 turn right. Step left beside right. Step forward right. Make 1/4 turn right stepping left to left side. Step right beside left. Step left to left side. Cross right behind left. Make 1/4 turn right stepping back on left. Step forward right.	Cross Shuffle Turn Shuffle Turn Close Side Sailor Turn	Right Turning right Turning right Turning right
<b>Section 4</b> 1 - 2 3 - 4 5 6 7 8	<b>Toe Steps, Heel Steps, Knee Bends, Hitch</b> Step ball of left next to right turning knee in. Step ball of right next to left turning knee in. Step onto left heel in place, toes turned out. Step onto right heel in place toes turned out. Turn toes to front dropping down and bending knees slightly. Take weight on heels again and lift toes out, straightening legs. Turn toes to front dropping down and bending knees slightly. Straighten up right leg and hitch left knee.	Left Right Heel Heel Down Up Down Hitch	On the spot On the spot
<b>Tag</b> 1 - 2 & 3 & 4 5 - 6 & 7 & 8 1 - 2 - 3	<b>Danced once at end of Wall 5, replace count 32 with hold then dance tag</b> <b>Knee Rolls, Knee Knocks, Left Touch, Heel Digs</b> (Rama) Roll left knee left. (Lama) Roll right knee right. Both knees out. Both knees in. (Ding) Both knees out. Both knees in. (Dong) (Rama) Roll left knee left. (Lama) Roll right knee right. Both knees out. Both knees in. (Ding, Ding) Both knees out. Both knees in. (Dong) Touch left toe beside right. Touch left heel diagonally forward twice.	Left Right Ding Dong Left Right Ding Ding Dong Touch Heel Heel	On the spot On the spot

**Choreographed by:** Susanne Schalewa & Gert Wollschlager (Germany)

**Choreographed to:** 'Rama Lama' by Rocky Sharp And The Replays (128 bpm)  
from Rama Lama (Replays) (32 count intro on 'I've Got A Girl')

**Choreographers' Note:** At the end of Wall 2 hold the final hitch for a little longer, then start dance again.

**Tag:** At the end of Wall 5 dance to step 31, Hold for one count, dance tag once and then start dance again.



A video clip of this dance is available at [www.linedancermagazine.com](http://www.linedancermagazine.com)



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