

## Shakin' My Head

Phrased, 2 Wall, Intermediate

Choreographer: Guyton Mundy & Chris 'Humbug' Atkinson  
(USA) Oct 2013

Choreographed to: Shakin' My Head by Detail Feat. Flo Rida

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Start dancing on lyrics. Sequence: 8-count intro, AA BB AA BB Tag AB BA

### PART A

#### **KICK CROSS, BACK TOGETHER, KICK STEP ROCK/RECOVER, CROSS, BACK BALL CROSS, SIDE**

- 1&2 Kick right forward, cross right over, step left back
- &3& Step right together, kick left forward, step left together
- 4& Rock right back, recover to left
- 5-6 Cross right over, step left back
- &7-8 Step right side, cross left over, step right side

#### **TOE HEEL WALK IN, COASTER, STEP, ¼ ROCK RECOVER CROSS, ¼**

- 1&2 Swivel left toe in, swivel left heel in, swivel left toe in
- 3&4,5 Left coaster step. Step right forward
- 6&7 Turn ¼ right and rock left side, recover to right, cross left over
- 8 Turn ¼ left and step right back

#### **½, OUT, OUT, ARM HITS WITH ¼ TURN, ARMS HITS**

- &1-2 Turn ½ left and step left forward, step right side, step left side (toe turned out, body turned ¼ to left)
- 3 Hold (bring hands up in front of chest with fists touching together, knuckle-to-knuckle)
- & Hold (turn ¼ right with upper body as you drop right elbow and lift left elbow and lifting left heel to pop left knee up slightly)
- 4 Hold (drop left heel as you turn body back to front and bring elbows back to the starting position)
- 5 Hold (turn upper body ¼ right as you bring hands around in a circle to the right)
- 6 Hold (bringing hands into chest)
- 7 Rock left side (push hands down towards right thigh)
- 8 Recover to right (bring hands back up)

#### **CROSS, BACK WITH ¼, SIDE CROSS, ROCK RECOVER, BALL ROCK, RECOVER, BALL SIDE**

- 1-2 Cross left over, turn ¼ left and step right back
- &3-4 Step left side, cross right over, rock left side
- 5&6 Recover to right, step left together, rock right side
- 7&8 Recover to left, step right together, step left side

### PART B

#### **BACK WITH HEAD NOD WITH ½ TURN, PRESS/RECOVER, COASTER CROSS**

- 1234 Step right back, swivel turn ½ right over 3 counts (nod head 4 times to the right as you turn)
- 5-6 Rock right forward, recover to left
- 7&8 Step right back, step left together, turn ¼ right and cross right over (body turned to left diagonal)

#### **PIMP WALKS, ROCK/RECOVER, ½ ½**

- 1-4 Step left side, cross right over, step left side, cross right over
- 5-6 Turn ¼ left and rock left forward, recover to right
- 7-8 Turn ½ left and step left forward, turn ½ left and step right back

#### **SHOULDER ROCKS, BALL STEP BACK WITH BODY ROLL TWICE**

- 1-2 Hold for 2 counts (with upper body still angled to right, rock shoulders forward, rock shoulders back)
- 3-4 Hold for 2 counts (with upper body still angled to right, rock shoulders forward, rock shoulders back)
- &5-6 Step left together, step right back, hold (body roll back)
- &7-8 Step left together, step right back, hold (body roll back)

#### **BACK HOLD, BACK HOLD, COASTER, WALK TWICE**

- 1-2 Step left back, hold
- 3-4 Step right back, hold
- 5&6 Left coaster step
- 7-8 Step right forward, step left forward

**TAG Walk a full circle to the left over 8 counts**

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