

Soluna



STEPS	ACTUAL FOOTWORK	CALLING SUGGESTION	DIRECTION
Section 1 1 & 2 3 - 4 5 - 6 7 - 8 Option: (5 - 6) (7 - 8)	Left Chasse, Back Rock, 3/4 Turn, Step 1/4 Pivot. Step left to left side. Close right beside left. Step left to left side. Rock right back. Recover forward onto left. Turn 1/4 left stepping right back. Turn 1/2 left stepping left forward. Step right forward. Pivot 1/4 turn left. To avoid turn, replace counts 5 - 8 above with the following: Step right to right side. Cross left behind right. Rock right to right side. Recover onto left.	Side Close Side Back Rock Turn Turn Step Pivot Side Behind Side Rock	Left On the spot Turning left
Section 2 1 - 2 3 & 4 5 - 6 7 & 8	Cross Rock, Right Chasse, Cross, Side, Sweep Into Sailor 1/4 Turn Left. Cross rock right over left. Recover back onto left. Step right to right side. Close left beside right. Step right to right side. Cross left over right. Step right to right side. Sweep left behind right turning 1/4 left. Step right to right side. Step left in place.	Cross Rock Side Close Side Cross Side Sailor Turn	On the spot Right Turning left
Section 3 1 - 2 3 - 4 5 - 6 7 & 8	Cross Point, Cross Kick, Cross, Back, Triple 1/2 Turn Right. Step right forward across left. Point left to left side. Step left forward across right. Kick right forward diagonally right. Cross right over left. Step left back. Triple 1/2 turn right on the spot stepping Right, Left, Right.	Cross Point Cross Kick Cross Back Triple Turn	Forward On the spot Turning right
Section 4 1 2 3 4 5-6 7 & 8	Diagonal Rock Steps With Hip Pushes, Step 1/2 Pivot, Shuffle Forward. Rock left diagonally forward left pushing hips forward. Recover onto right pushing hips back right. Rock left diagonally back left pushing hips back. Recover onto right pushing hips forward right. Step left forward. Pivot 1/2 turn right. Step left forward. Step right beside left. Step left forward.	Forward Rock Back Rock Step Pivot Shuffle Step	Forward Back Back Forward Turning right Forward
Section 5 1 - 2 3 - 4 5 & 6 7 - 8	Full Turn Travelling Forward, Rock Step, Coaster Cross, Side Rock 1/4 Turn. Turn 1/2 left stepping right back. Turn 1/2 left stepping left forward. Rock right forward. Recover back onto left. Step right back. Step left beside right. Cross right over left. Rock left to left side. Recover onto right turning 1/4 right.	Turn Turn Rock Step Coaster Cross Side Turn	Turning left On the spot Turning right
Section 6 1 & 2 3 - 4 5 & 6 7 - 8	Diagonal Shuffle Forward, Side Rock, Cross Shuffle, Side, Hold & Clap. Step left diagonally forward right. Step right beside left. Step left diagonally forward right. Rock right to right side. Recover onto left (straightening up to 12.00). Cross right over left. Step left to left side. Cross right over left. Step left to left side. Hold & Clap.	Shuffle Step Side Rock Cross Shuffle Side Hold	Forward On the spot Left
Section 7 & 1 - 2 3 - 4 5 & 6 7 - 8	& 1/4 Turn, Hold & Clap, Step 1/2 Pivot, Kick Ball Cross, Side Rock. Step right beside left. Turn 1/4 left stepping left forward. Hold & Clap. Step right forward. Pivot 1/2 turn left. Kick right forward. Step ball of right beside left. Cross left over right. Rock right to right side. Recover onto left.	& Turn Hold Step Pivot Kick Ball Cross Side Rock	Turning left Right On the spot
Section 8 1 - 2 3 - 4 5 & 6 7 - 8	Behind, 1/4 Turn, Step 3/4 Pivot, Right Chasse, Back Rock. Cross right behind left. Turn 1/4 left stepping left forward. Step right forward. Pivot 3/4 turn left. Step right to right side. Step left beside right. Step right to right side. Rock left back. Recover onto right.	Behind Turn Step Pivot Side Close Side	Turning left Right

4 Wall Line Dance: - 64 Counts. Intermediate.

Choreographed by:- Robbie McGowan Hickie (UK) March 2005

Choreographed to:- 'Monday Mi Amor' (135 bpm) by Soluna from 'For All Times' CD, 64 count intro.

Music Suggestions:- 'True Blue' (118 bpm) by Madonna from 'True Blue' CD, 32-count intro;

'I Can't Be Bothered' (128 bpm) by Miranda Lambert from 'Kerosene' CD, 4 count intro.