



The Break

STEPS	ACTUAL FOOTWORK	CALLING SUGGESTION	DIRECTION
Section 1	Part 'A' Right Stomp Cross Rock & Heel x 2.		
1 & a 2 & 3 & a 4 &	Stomp cross right over left. Rock back onto left. Step right beside left. Tap left heel forward. Step left beside right. Stomp cross right over left. Rock back onto left. Step right beside left. Tap left heel forward. Step left beside right.	Stomp & a Heel & Stomp & a Heel &	On the spot On the spot
Section 2	Right Shuffle, Scuff, Hitch Step, Scuff Hitch Step, Stomp.		
5 & a 6 & a 7 & a 8	Step forward right. Close left beside right. Step forward right. Scuff left forward. Hitch left knee. Step left forward. Scuff right forward. Hitch right knee. Step right forward. Stomp left.	Right Shuffle Scuff Hitch Step Scuff Hitch Step Stomp	Forward On the spot
Section 3	Back Rock, Side, Together, 3/4 Paddle Turn Left.		
9 & a 10 11 & a 12	Rock back on right. Rock forward onto left. Step right to right side. Stomp left beside right, taking weight. Make 3/4 turn left stepping, - Right, Left, Right, Left.	Back & a Stomp Turn & a Step	On the spot Right Turning left
Section 4	Cross Rock Stomp, Cross Rock Stomp, Cross Rock Side Together.		
13 & a 14 & a 15 & a 16	Cross stomp rock right over left. Rock back onto left. Step right to right side. Cross stomp rock left over right. Rock back onto right. Step left to left side. Cross stomp rock right over left. Rock back onto left. Step right to right side. Step left beside right.	Cross & a Cross & a Cross & a Step	On the spot
Section 1	Bridge Paddle Full Turn Right, Paddle Full Turn Left		
1 & 2 & 3 & 4 5 - 8 Styling:-	Step right 1/4 turn right. Paddle around on left. Step right 1/4 turn right. Paddle around on left. Step right 1/4 turn right. Paddle around on left. Step right 1/4 turn right. Repeat paddle turn, making full turn left. For added effect place hands on hips during paddle turns.	Right & 2 & 3 & 4 Left & 6 & 7 & 8	Right Turning left
Section 2	Cross Rock Step, Cross Rock Step, Touch, Hold.		
1 - 2 3 4 - 5 6 7 - 8	Cross rock right over left. Rock back onto left. Step right to right side. Cross rock left over right. Rock back onto right. Step left to left side. Touch right beside left. Hold for one count.	Cross Rock Side Cross Rock Side Touch Hold	On the spot Right On the spot Left On the spot

Continued.

The Break

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Maggie Gallagher

STEPS	ACTUAL FOOTWORK	CALLING SUGGESTION	DIRECTION
Section 1	Part 'B' Chasse Right, Cross Rock, Chasse Left 1/4 Turn, 1/2 Turn.		
1 & 2	Step right to right side. Close left beside right. Step right to right side.	Side Close Side	Right
3 - 4	Cross rock left over right. Rock back onto right.	Cross Rock.	On the spot
5 & 6	Step left to left side. Close right beside left. Step left 1/4 turn left.	Side Close Turn	Turning left
7 - 8	Step forward on right. Pivot 1/2 turn left.	Step Pivot	Turning left
Section 2	Heel & Toe Taps, Stomps.		
1 & 2	Tap right heel forward. Step right beside left. Tap left heel forward.	Heel & Heel	On the spot
& 3	Step left beside right. Tap right toe behind right.	& Toe	
& 4	Step right beside left. Tap left heel forward.	& Heel	
& 5	Step left beside right. Tap right heel forward.	& Heel	
& 6	Step right beside left. Tap left toe behind right.	& Toe	
& 7 - 8	Step left beside right. Stomp right beside left. Stomp left beside right.	& Stomp Stomp	
Section 3	Right Side, Slide, Ball Change, Left Side, Slide, Ball Change.		
1 - 3	Take right large step to right side. Slide left towards right over two counts.	Right Side Slide	Right
& 4	Step ball of left beside right. Step right in place.	Ball Step	
5 - 7	Take left large step to left side. Slide right towards left over two counts.	Left Side Slide	Left
& 8	Step ball of right beside right. Step left in place.	Ball Step	
Arms:-	As you step right bring both arms up to shoulder height, left arm extended, right arm bent. Then swing down and over to opposite side when you step left.		
Section 4	Step Full Turn Right, Forward Rock, Coaster Step, Scuff.		
1	Step forward right.	Step	Forward
2	Make 1/2 turn right stepping back onto left.	Turn	Turning right
3	Make 1/2 turn right stepping forward onto right.	Turn	
4 - 5	Rock forward on left. Rock back onto right.	Forward Rock	Forward
6 & 7	Step back left. Step right beside left. Step forward left.	Coaster Step	On the spot
8	Scuff right out to right side.	Scuff	

ADVANCED

Choreographers Note:- The count for this dance will look a little unusual, but if you listen to the music you will be able to pick out the rhythm quite naturally.

Sequence:- Section A for 4 walls x 2, Bridge once, Section B until end of track.

4 Wall Line Dance:- Advanced.

Sec.A - 16 Counts, **Bridge** - 16 Counts, **Sec.B** - 32 Counts.

Choreographed by:- Maggie Gallagher (UK) March 2003.

Choreographed to:- 'Breakout' by Ronan Hardiman from Lord of The Dance CD.