

## What It Is?



	STEPS	ACTUAL FOOTWORK	CALLING SUGGESTION	DIRECTION
	Section 1	Side, Behind Point, Kick & Step, Step, 1/4 Turn Point, 1/2 Turn Together, Point.		
1E	1 - 2	Step left to left side. Cross point right behind left twisting body and head left.	Side Point	Left
Ζ	3 &	Kick right to right side. Step right beside left.	Kick &	On the spot
WEI	4 - 5	Step left forward on bent leg. Step right forward on bent leg.	Bend Bend	Forward
€	6 - 7	Turn 1/4 right pointing left to left side. Turn 1/2 right stepping left beside right.	Point Turn	Turning right
INTERMEDIATE	8	Point right forward while leaning back slightly.	Point	
	Section 2	Back, Coaster Step, Step, 1/4 Turn, Cross, Point, Cross, Side, 1/4 Turn.		
	1 - 2 & 3	Step back on right. Step left back. Step right beside left. Step left forward.	Back Coaster Step	Back
	Styling:-	On count 3, twist upper body left trailing left shoulder through count 4		
		giving slow motion effect from the waist up.		
	4	Step right forward bringing body over hips and facing forward.	Step	Forward
	5	Turn 1/4 right stepping ball of left to left side.	Turn	Turning right
	& 6	Cross right over left. Point left to left side.	& Point	Left
	7 &	Cross left over right. Step right slightly to right side.	Cross &	Right
	8	Twist 1/4 left bumping right hip back and lifting left heel up.	Turn	Turning left
	Section 3	Step, 1/4 Turn Left, Point, Hip Bumps, Step Cross, Press, Back, Step.		
	1 & 2	Step left forward. Turn 1/4 left hitching right beside left. Point right to right side.	Step Turn Point	Turning left
	3 - 4	Bump hips right <u>twice</u> taking weight onto right.	Hip Bumps	On the spot
	Option:-	Replace counts 3 - 4 with Roll body back & right taking weight onto right over 2 counts.		
	& 5	Step left beside right. Cross right over left.	& Cross	Left
	6	Press left diagonally forward left pushing hips forward (facing 5 o'clock).	Press	On the spot
	7 - 8	Push hips back taking weight onto right. Step left diagonally forward left.	Recover Step	Forward
	Section 4	Diagonal Walks, Rock & Kick, Back, Lock, Unwind 3/4 Turn, Back & Cross.		
	1 - 2	Walk diagonally forward left stepping right, left (still facing 5 o'clock).	Walk Walk	Forward
	3 & 4	Press right across left. Recover onto left. Kick right forward.	Press & Kick	On the spot
	& 5	Step right back (still facing 5 o'clock). Lock left across right.	Back Lock	Back
	6	Unwind slightly more than 3/4 turn right (to face 3 o'clock) weight ends on left.	Unwind	Turning right
	7 & 8	Step right back. Step left back and slightly to left side. Cross right over left.	Back & Cross	On the spot

4 Wall Line Dance: - 32 Counts. Intermediate.

Choreographed by:- Scott Blevins (USA) September 2004.

**Choreographed to:-** 'Tilt Ya Head Back' (110 bpm) by Nelly & Christina Aguilera available on single or from 'Sweat' CD, 32 count intro - start when horns come in, 32 counts before vocals.